

# Exorcism of Spirit Possession



Stop climbing to  
the ceiling with  
your problems!

Learn about the causes of problems  
How to get excellent Healing Help!  
Not using old-fashioned methods  
Not with methods that cause pain  
Exorcisms at a distance work well  
Even to Australia, Europe, and  
America - all with great success!  
Working with the wonderful help  
of Angelic Beings to Heal you.



**THE HOLISTIC INTUITION SOCIETY**

<http://www.in2it.ca>

<http://www.HolisticExorcism.com>

## **"Exorcism of Spirit Possession"**

By John Living

Published by the Holistic Intuition Society

Copyright 2011 John Living

Please remember that the contents are copyrighted property of the author, and may not be reproduced, copied and distributed for commercial or non-commercial purposes.

Extracts may be quoted providing that the name and website of the society is appended.

*Thank you for your support!*

### **The Holistic Intuition Society**

Executive Secretary: John Living

Professional Engineer, Spiritual Healer, Exorcist  
RR#1 S9 C6, Galiano Island, BC V0N 1P0, Canada

Email: [John@dowsers.ca](mailto:John@dowsers.ca)

Telephone (250)539-5807

Toll Free Canada & USA: 1-866-369-7464

<http://www.in2it.ca>



Our logo is the sign of the Heart Chakra:  
Interlaced Pink and Green triangles  
signifying the joining of Above and Below,  
Heaven and Earth, Spirit and Soul, Mind and Matter.

### **TABLE OF CONTENTS**

The Harmful Effects of Possession

Typical Symptoms of Possession

Observations by Parapsychologists

Hypochondriac - Forever Ill

Baby Souls

Personal Knowledge of Possessed Person

Soul Fragments

Inhabitants of the Astral Plane

Hexes, Curses, and Negative Energies

Spirit Possession

Detailed description of Spirit Possession

Forgiveness

The Benefits of Our Healing Work

Comments - from some of those who we have helped

Help is Here!

The Holistic Intuition Society

## **The Harmful Effects of Possession**

What is meant by 'possession'? It is the interference by others (physical and non-physical) in the mental, emotional, spiritual, or physical well-being of a person. Exorcism is the process of removing such interference; other healing modalities may be needed to overcome the residual effects of such possession.

In this context we include attachments from the fragments which are released from a Soul upon death. These fragments then attach to people who are alive, and are the most common sources of unwanted and negative influences upon human beings.

In his book 'Healing Lost Souls', William Baldwin writes: "*Attached entities seldom make their presence known to the host; spirit attachment is usually a surprise to the client. Although the condition of spirit interference is nearly universal, most people are not aware of these parasitic attachments.*"

The diseases from which the person suffered (and may have caused their death) may manifest from the fragment into you; these cause many illnesses that the medical systems fail to heal! Changes in character often occur, causing you problems in your social and business life. Your likes and dislikes change. Exorcism is needed!

Healing such as by exorcism is best done at a distance - by an experienced exorcist.

In using the term 'Possession' we include also the negative influences originating from those who are still alive in the physical plane of existence - their hateful thoughts, curses, and hexes.

Most common are the attachments of Souls (or their fragments) from deceased relatives - including the Souls of children who were not born or died young, and the earthbound parts of family members (and close friends) who have not ascended in the correct manner and seek to continue their earthly existence by invading relatives still alive, especially young children.

Such fragments will often hide in the muscles of the victim; the more developed will also move around within the muscle system - usually the medical professions find that their medicines are not effective in healing the pains. They say "it is all your imagination!"

Worse possession, however, come from the invasion of deceased addicts when protection is low from drugs or alcohol; and by earthbound Souls (or those who have lost their way) when the subject is unconscious - due to an accident, or especially when under anaesthetics in a hospital.

Even the best of intent from a deceased family member (such as a parent meaning to help a child) can have most unfortunate side effects. Very often the subject then suffers from illnesses brought in to their own body by the deceased relative - sometimes immediately, or perhaps at the age when the 'donor' died!

The worst of all is when a person is attacked by a 'Real Nasty', as described by Dr José Lacerda de Azevedo, M.D., of Brazil in his book 'Spirit and Matter'. He describes the way that those who call on the help of the dark forces find themselves bound to obey the darkness after death, how they are incarcerated in dungeons, and how they are sent on missions to hurt people - and severely punished if not successful.

Most people involved in exorcism have little or no knowledge of the darkest side of existence - and are unable to help those who are attacked.

Our Spiritual friends with whom we work have carefully explored these domains, and found ways to release those incarcerated and heal them to prevent further subjection by the dark forces.

All these possessing spirits may also carry attachments or be possessed by other unwanted spirits - since when a person dies these often remain with them.

Dealing with such situations is fraught with difficulties. In many instances when such a possessing entity is removed it can attach itself to the person doing the removal - with terrible consequences when a 'real nasty' is involved.

Another factor is that when you are working to help someone who is close to you healing (including exorcism) often fails due to the interference from your emotions, beliefs, and feelings.

So it is preferable for all work to remove possessing entities (of all descriptions) to be done by those who are very experienced in the work of exorcism - who take the needed personal precautions and who ensure that the entities removed are correctly healed and taken to their rightful place.

A team of experienced exorcists who have had great success with the exorcism of 'real nasties' at a distance (even at 4,000 miles) has been assembled by John Living, the Executive Secretary of the Holistic Intuition Society. There is no charge for the exorcism itself, but a charge is made for the time and expenses that are expended in the work.

For this charge not only is work done to clear the subject of possessing entities, but additional healing is given to clear the aura of negativity and to work with the Heart and sub-conscious of the subject - to remove problems resulting from such possession.

If you decide to have our team work to help you (or a friend or relative) please download, print, and complete the [application form](#) and send it with the requested samples (hair, blood drop, and photograph) a cheque or money order, and details of the problem - as described on the [application form](#).

## **Typical Symptoms of Possession**

Include a lack of energy, weakness in the body, severe depression, disturbed thoughts, and/or irrational thinking. In general a person who is possessed can be identified as being extremely negative and severely depressed, - and especially if anti-social behaviour is exhibited.

Indications of possession include:

- Strong negativity
- Deep depression
- Rapid mood changes
- Uncontrolled temper
- Self inflicted harm
- Violent behaviour
- Criminal behaviour
- Suicidal tendencies
- Chronic illness
- Epilepsy
- Dual (or multiple) personalities

Even one or two of these indicators may be a signal of possession.

We have also found a number of cases where deceased church members have invaded a person who has abandoned their religion, so as to try to force them to return to their old beliefs - this is most prevalent by evangelistic relatives!

### **Observations by Parapsychologists**

George Meek writes in his book 'After we Die, What Then?':

"Those departing souls who arrive on the lowest of the astral planes find they lack physical bodies and are bewildered ... Some may be attracted by the energy field ... of nearby mortals ... who may be friends or relatives attending the funeral ... attaching to the auras of those still in the flesh.

They will influence the possessed person with their own thoughts, impart their own emotions, and weaken his/her will power. In some cases this takeover can be so complete that they will actually control the possessed person's actions, often producing great distress, harmful mental disturbances, and suffering."

From 'Body, Mind, and Spirit' by Dr Peter Albright:

"Who or what are these entities, and where do they come from? In our culture persons are not very well educated about or prepared for death, as Elizabeth Kubler-Ross has found. ... You get what you expect, and find that death leaves them still functioning as personalities but without an 'earth suit' to wear. They think that they cannot function without one, so seek entrance to any 'earth suit' that is handy and still operating which may be open to them.

The results for the host can be confusing, to say the least. Since the invasion affects primarily the sub-conscious mind, the host may have little or no awareness of what is going on. Even if the host is aware of new problems and difficulties, he will not be aware of the cause."

A personal comment by John Living:

My grandfather died at age 93 when I was 9 years old. He always smoked a cigar each day. When I tried to stop smoking, I found (using EFT) that my Grandfather was 'in me' and was 'encouraging' me to smoke! This was also encouraged by an Indian 'helper' who was a most accomplished 'medicine man' and 'pipe carrier'.

### **Hypochondriac - Forever Ill**

It is a common occurrence to take on the illness of a possessing spirit - hence the usual poor health of a person who is possessed; even a child will reflect poor health when a spirit entity becomes attached.

A person whose physical illness has been medically diagnosed as imaginary may well be the victim of possession! To further complicate the case a person may have several possessing spirits 'on board', each having different illnesses and symptoms.

As a result, the victim goes from doctor to doctor, usually getting diagnoses that conflict.

### **Baby Souls**

When a baby is conceived but not born (or dies young) it attaches to the mother; if another baby is conceived it may then 'join' with the new baby soul - this may result in an extra strong male or female personality (if the souls are of the same sex) or to a lesbian/gay adult should the baby souls have different sexual orientations.

If the baby soul remains attached to the mother then the mother can expect problems in later life - and without any realization that a baby soul is involved. For more information read 'A Cry from the Womb' by Gwendolyn Awen Jones (ISBN9780974073019)

### **Personal Knowledge of Possessed Person**

More accurate readings can be obtained when the exorcist knows little about the client. The exorcist must constantly guard himself from letting his reasoning conscious mind influence his sub-conscious.

For example, should the exorcist's conscious mind decide that it is ridiculous for a certain person to be possessed, the sub-conscious will 'oblige', and the person will be given a clean 'bill of health' even though the truth may be otherwise.

This is of particular importance when we are dealing with someone who is 'close' to us, such as a friend or relative. Our conscious / critical mind will distort facts to accord with our personal feelings and emotions.

So it is best if the exorcist has only the details, such as name, age, and address - with any photo, etc, to ensure that the correct person is being contacted. Hair and/or a blood sample is also useful for this purpose - to ensure that an actual person is correctly identified.

So it seems to be far more effective (and safer!) to do an exorcism at a distance (even thousands of miles away) than to be with the (possibly) possessed person. Exorcism 'face to face' can result in the exorcist being attacked by the possessed person, and by the possessing spirit transferring to the exorcist.

### **More Information on Possessing and Influencing Entities**

The best books on the various planes of existence are those of Charles Leadbeater and of Annie Besant, from the Theosophical Society; 'Entity Possession' by Samuel Sagan M.D. of the Clairvision School in Australia gives excellent details of fragments and their effects. 'Healing Lost Souls' by William Baldwin gives a detailed description of cause and effect.

### **Soul Fragments**

When a person dies then in most cases the Spirit departs to a Higher Plane, and the remnants of the Soul fragment. If a fragment is associated with 'stuff' from the person's etheric body, then it has an individual existence in the astral plane - but needs 'life force' to continue its existence; this it usually gets from attaching to a person who is still alive.

Each fragment can be considered to be a particular aspect of the person - having a precise task that was a characteristic (known or suppressed) of that person. It does not think, except as to how it can continue in its given task. All these fragments 'float' in the Astral Plane, seeking someone to whom they can attach - as 'Like seeks Like' they seek a person with whom they have a genetic, emotional, or mental similarity.

Some fragments persist for many hundreds of years. If anger or hate is involved, they will seek the vibrational pattern of the subject of such anger or hate - this explains some 'past life' experiences; however the past life may be that of another person having a similar vibrational pattern to that of the person to whom the fragment is attached.

When a person (especially a child) is subject to what it perceives as a major trauma then a piece of the Soul may fragment (usually keeping close to the Soul) but the trauma may permit a foreign soul fragment to attach to the Soul. Lonely children may invite 'playmates' (Lost Souls or fragments) who cause problems in later life.

Clairvoyants looking at fragments may see just a face, eyes, or only a mouth - another indication that what is there is not the real person, but only a fragment.

### **Inhabitants of the Astral Plane**

Animal souls (including those of reptiles and birds - even of extinct species) can be seen by clairvoyants in the Astral Plane.

In the Astral Plane (and higher planes) even thoughts have shapes - and are as real in that plane as is an item in the physical world. Hence a person's thoughts (good or bad) have an effect on the subject of such thoughts, no matter the distance involved.

It is also the way in which Human Beings can use their thoughts (with will power) to influence the inhabitants of the Astral Plane - such as sending them Healing and Love (including exorcism!)

### **Hexes, Curses, and Negative Energies**

Hexes and curses (including miasms from other ages) remain in place until cleared; this is why so many places have bad energies - a curse, etc. was placed many years ago, but never cleared, and so remains effective. Ghosts may manifest after a very traumatic death.

In a similar way a bad energy sent to a person may affect many future generations (curses from a past life may have the same effect on the soul) and need to be removed.

Sorcery may include giving instructions to inhabitants of the Astral Plane to cause harm to a subject. Poltergeist activity is often the result of Soul fragmentation or attachment.

### **Spirit Possession**

This is primarily when a Spirit that is not 'In the Light' has control over a person. An 'earth bound' soul may be in this category.

Sometimes this is accomplished by pretending to be an Angel or Spirit Guide, persuading the person to work with them, and so gaining entry - so beware if you have any doubts about your guides! Any sign of giving orders, or trying to cause harm to anyone, or giving any negative hints should be taken as a signal that they are not 'In the Light'.

#### A Note

This information is not meant to scare you - but to help you to realize that attachment and possession of various types is far more prevalent than is generally recognized (and is often ignored by the medical system, who treat the symptoms, usually not the cause!) - and to offer you a solution to problems which may otherwise fail to be effectively treated and so cause serious illnesses, major problems in life, and often an early death.

## **Detailed description of Spirit Possession**

Based on the book 'Spirit Releasement Therapy' by William J. Baldwin, extensive contemporary clinical evidence suggests that discarnate beings, the spirits of deceased humans, can influence living people by forming a physical or mental connection or attachment, and subsequently imposing detrimental physical and/or emotional conditions and symptoms.

Earthbound spirits, the surviving consciousness of deceased humans, are the most prevalent possessing, obsessing or attaching entities to be found. The disembodied consciousness seems to attach itself and merge fully or partially with the subconscious mind of a living person, exerting some degree of influence on thought processes, emotions, behaviour and the physical body. The entity becomes a parasite in the mind of the host. A victim of this condition can be totally amnesic about episodes of complete takeover.

A spirit can be bound to the earth plane by the emotions and feelings connected with a sudden traumatic death. Anger, fear, jealousy, resentment, guilt, remorse, even strong ties of love can interfere with the normal transition.

Erroneous religious beliefs about the afterlife can prevent a spirit from moving into the Light because the after death experience does not coincide with false expectations or preconceived notions of the way it is supposed to be.

Following death by drug overdose, a newly deceased spirit maintains a strong appetite for the drug, and this hunger cannot be satisfied in the nonphysical realm. The being must experience the drug through the sensorium of a living person who uses the substance. This can only be accomplished through a parasitic attachment to the person. Many drug users are controlled by the attached spirit of a deceased drug addict.

Many spirits remain in the earth plane due to a lack of awareness of their passing. At the time of death several choices are available for the newly deceased spirit. It can follow the direct path to the Light described in the 'Near Death Experience, but if there is an attached spirit the process may be more difficult. However the newly deceased being can carry the attached earthbound to the Light thereby rescuing this lost soul. Often, the deceased is able to break away from the attached earthbound spirit and go to the Light alone.

After this separation occurs the earthbound can be lost again, wandering in the lower astral plane, often described as the gray place or the intermediate place. It can wait for the next incarnation of the being to whom it was attached. The entity can locate the being in the new incarnation and reconnect. This repeated attachment can occur for many lifetimes of the host. However, the earthbound can just as quickly attach to another unsuspecting person after separating from the former host at the time of death.

If the newly deceased spirit cannot break away from the attached spirit or hasn't strength enough to carry it into the Light, it can become earthbound also, with the original earthbound still attached to it. This pair can then attach to another living person. After death, the spirit of this person also may be prevented from reaching the Light due to the nested, or layered, attached spirits. This spirit becomes part of the chain of earthbound spirits that can compound until it numbers in the dozens, even hundreds.

An attachment can be benevolent in nature, totally self serving, malevolent in intention, or completely neutral. Attachment to any person may be completely random, even accidental.

It can occur simply because of physical proximity to the dying person at the time of the death. In about half the cases encountered in clinical practice it is a random choice with no prior connection in this or any other incarnation. In the remainder some connection can be found, some unfinished business from this or another lifetime.

Even if there is some prior interaction between the host and the attaching entity, the attachment only perpetuates the conflict and carries little possibility for resolution, though every experience has the potential for learning of some kind.

Most people are vulnerable to spirit attachment on many occasions in the normal course of life. Some investigators in this field estimate that between 70% and 100% of the population are affected or influenced by one or more discarnate spirit entities at some time in their life.

Any mental or physical symptom or condition, strong emotion, repressed negative feeling, conscious or unconscious need can act like a magnet to attract a discarnate entity with the same or similar emotion, condition, need or feeling. Anger and rage, fear and terror, sadness and grief, guilt, remorse or feelings of the need for punishment can invite entities with similar feelings.

Severe stress may cause susceptibility to the influence of an intrusive spirit. Altering the consciousness with alcohol or drugs, especially the hallucinogens, loosens one's external ego boundaries and opens the subconscious mind to infestation by discarnate beings. The same holds true for the use of strong analgesics and the anaesthetic drugs necessary in surgery. Even a codeine tablet taken for the relief of the pain of a dental extraction can sufficiently alter the consciousness to allow entry to a spirit - remember that dentists are noted to have problems in later life!

Physical intrusions such as surgery or blood transfusion can lead to an entity attachment. In the case of an organ transplant the spirit of the organ donor can literally follow the transplanted organ into the new body - this is widely known to occur when people have a heart transplant, even to the extent that a murderer was indentified by the heart recipient.

Physical trauma from auto collision, accidental falls, beatings or any blow to the head can render a person vulnerable to an intrusive spirit.

The openness and surrender during sexual intercourse can allow the exchange of attached entities between two people. Sexual abuse such as rape, incest or molestation of any sort creates a vulnerability to spirit invasion. Violence during the sexual abuse increases the likelihood of intrusion by an opportunistic spirit.

A living person can have dozens, even hundreds of attached spirits as they occupy no physical space. They can attach to the aura or float within the aura, outside the body. If any part of the body of the host has a physical weakness the earthbound can attach to that area because of a corresponding weakness or injury to the physical body of the spirit prior to death. A spirit can lodge in any of the chakras of the host, drawn by the particular energy of the chakra or by the physical structures of that level of the body.

Connection with an earthbound spirit may be established by the purposeful choice of either the spirit or the living human due to a strong emotional bond between them in this life or in a previous lifetime together. A grieving person can welcome the spirit of a dear departed one only to find the consequences unbearable.

A living human can be affected by an attached spirit in many different ways. The discarnate entity retains the psychic energy pattern of its own ailments following death and can produce in the host any mental aberration or emotional disturbance and any symptom of physical illness.

Erratic or inconsistent behaviour can result from a shifting of control between separate entities. This behaviour is similar in appearance to the phenomenon of switching between alters in multiple personality disorder (MPD). This condition can be extremely confusing and frightening for a person and for their family.

An attached entity can be associated with any emotional track of a living person such as anger, fear, sadness or guilt. The emotional energy of the entity intensifies the expression of a specific emotion, often leading to inappropriate overreactions to ordinary life situations.

A sub-personality (a splinter or subordinate personality) can maintain a connection with an entity who came in at the chronological age when the sub-personality splintered away from the main personality due to a traumatic experience. The discarnate spirit may have joined at the time of the emotional trauma to help the child in the time of need. The continued connection with the entity prevents healing and integration of this sub-personality into the main personality system.

The mental, emotional and physical influence of an attached entity can alter the original path of karmic options and opportunities of the host.

It can disrupt the planned life line by hastening death or prolonging life, thus interfering with any specific checkout point. An entity of the opposite gender can influence the sexual preference and gender orientation. An attached entity can influence the choice of marriage partners and the choice of a partner for an extra-marital affair.

Many areas of a person's life can be influenced by one or more attached entities. In short, spirit attachment can interfere with any aspect of the life of the unsuspecting host.

The host is usually unaware of the presence of attached spirits. The thoughts, desires and behaviours of an attached entity are experienced as the person's own thoughts, desires and behaviours. The thoughts, feelings, habits and desires do not seem foreign if they have been present for a long time, even from childhood. This is a major factor in the widespread denial of the concept and lack of acceptance of the phenomena of discarnate interference and spirit attachment, obsession or possession. This is equally true for people in general and for professional therapists.

In most cases, a person can only experience and acknowledge the reality of the condition after an attached entity has been released. The realization may come some months after an exorcism as the person suddenly notices the absence of a familiar attitude, desire, addiction, or behaviour.

The symptoms of spirit attachment can be very subtle. An attached spirit may be present without producing any noticeable symptoms. Yet attached entities always exert some influence ranging from a minor energy drain to a major degree of control or interference. Complete possession and takeover can result in suppression of the original personality.

The earthbound spirit does not replace the rightful spirit in the body in such a case, it just usurps control. An attached earthbound spirit cannot maintain life in a human body after the original spirit being has separated from the body in the transition of death.

A newly formed spirit attachment is usually more obvious to the unfortunate host. An attached entity can cause any of the following signs and symptoms:

Sudden onset of drug or alcohol usage

Unusual and inappropriate speech, accent or foreign or unknown language

Behaviour patterns inconsistent with normal conduct

Unfamiliar reactions to familiar situations

Repetitive and unusual movements of the body which are experienced as beyond one's control

Unusual physical sensations or symptoms in the absence of a medically sound organic cause

Loss of the normal sense of one's personal identity

A feeling that a spirit of some kind or an other person has taken over control of one's mind and/or body

Noticeable personality changes, however slight, following surgery, organ transplant, accident, emotional upset or moving into a new home

Physical appetites for food, sex, alcohol or drugs can increase drastically

Personal attitudes and beliefs can suddenly change as can taste in clothing

The voice and even facial features and appearance can alter dramatically.

These sudden changes in behaviour can be a factor in convincing the most skeptical person that there is an attached entity. Many people have the mistaken notion that there must be some bizarre outward signs caused by an interfering spirit such as depicted in the movie 'The Exorcist', based on the book of the same name. The movie depicted a true case, but some symptoms and behaviours of the girl actually came from two other cases, added for dramatic impact. The incidence of such violent possession is rare.

Spirit attachment does not require the permission of the host. This seems to be a violation of free will. It also appears to refute the popular notion that each person is totally responsible for creating his or her reality and that there are no victims. The apparent conflict here stems from the definitions of permission and free will choice. Ignorance and denial of the possibility of spirit interference is no defence against spirit attachment. Belief or lack of belief regarding the existence of intrusive entities has no bearing on the reality of these beings and their behaviour.

In denial and ignorance, most people do not refuse permission to these non-physical intruders. Individual sovereign beings have the right to deny any violation or intrusion by another being. With limited, if any, knowledge and distorted perceptions of the nature of the spirit world, the non-physical reality, many people leave themselves open and create their own vulnerability as part of creating their own reality.

It is fashionable today among many 'New Age' enthusiasts to attempt to channel some higher power, a spirit teacher or master who will use the voice mechanism of any willing person to speak 'words of wisdom'. Some use the terminology 'for my highest good' when calling for a spirit to channel through. This activity constitutes permission and welcome for a discarnate spirit.

The identifiers such as 'master' and 'teacher' and qualifiers such as 'for my highest good' will be claimed by the entities as personally valid identifications, qualities or attributes. Unfortunately, some opportunistic spirits who respond to this invitation refuse to leave at the end of the channelling session.

To summarize, interference from deceased human Beings (including by their fragments) is not uncommon - perhaps the norm! Many have good intent, such as caring for a relative or friend - but unfortunately they often seem to bring in their health problems (including what caused their death) so causing illness in the host. The medical system tries to alleviate the symptoms - but does not usually eradicate the cause, saying 'it is all in the mind!'. This is usually true - it is caused by an attachment or intrusion of some sort - and exorcism is needed to get the host free.

We are here to help - clearing yourself or someone close to you can be harmful - unless you are experienced the attachment can move to you or someone close by.

### **Forgiveness**

The following statement is to be considered carefully.

If acceptable, ask your "Wisdom of my Being, the Wisdom of my Body, my Heart, and all that are involved in any way, to accept and implement this intention with True Holy Love, Namaste, to be effective in all my life at all times and in all circumstances" and then read it aloud three times to make it fully effective. You must be honest and sincere!

"I [name], with True Holy Love, Namaste, do hereby forgive all who have caused hurts, harm, problems, and emotional, mental, and spiritual traumas to me and to all or any in my families, communities, and associations. I forgive you completely in all ways and in all aspects, in all planes of existence, in all domains, and in all dimensions. Whatever has been caused is now in the past and is of no importance to me now and does not matter to me any more. I am now free of all such causes and their effects."

"I [name] do humbly and sincerely apologize for all the hurts, harm, problems, and emotional, mental, and spiritual traumas that I have caused to all life forms, including all that were knowingly or unknowingly, intentionally or unintentionally caused, in all my life including all past lives of myself and all in my Soul families."

"I [name] do humbly and sincerely ask forgiveness for all the hurts, harm, problems, and emotional, mental, and spiritual traumas that I have caused to all life forms, including all that were knowingly or unknowingly, intentionally or unintentionally caused, in all my life including all past lives of myself and all in my Soul families."

"I [name] do humbly and sincerely ask Angelic help to Heal, clear, and remove from my total Being all emotional triggers attached or linked to my cellular, aural, and other memories of all these hurts, harm, problems, and traumas, and to keep me so free of non-beneficial emotional triggers in all nows and at all times."

"I [name], with True Holy Love, Namaste, do hereby bring back to me all Energies and Soul parts that have left me or been lost in any way, except those that I have sent to be and are beneficial to others, and do humbly and sincerely ask Angelic help to Heal them with True Holy Love, Namaste, so that they can be in their rightful place".

"I [name], with True Holy Love, Namaste, do hereby release all non-beneficial Energies and Soul parts that have come to me in any way and for any reason, and do humbly and sincerely ask Angelic help to Heal them with True Holy Love, Namaste, and take them to be in their rightful place".

"I [name] do humbly and sincerely send my Love, Gratitude, and Thanks with True Holy Love, Namaste, to all who so help and assist me in this forgiveness."

It is most important that you successfully and completely forgive all who have ever caused you hurt or harm, forgiving from Soul and Spirit as well as mind.

This can be very difficult, especially in cases of abuse or killing of family members. It is suggested that in such cases you accept that what was done occurred as a result of karma, and was not directly the fault of the perpetrators.

The key is to find some 'reason' to allow you to forgive, no matter how difficult this is for the rational mind. Failure to be so forgiving will prevent any exorcism from being effective - you may get short term relief, but problems will re-occur.

## **The Benefits of Our Healing Work**

First we make sure that we have an excellent connection to you on the energetic and Spiritual levels, and that Forgiveness issues will not be preventing effective Healings - if so, we will inform you so that you can intensify your use of the Forgiveness statement.

Most exorcists work with religious identities; but God was there before religions! Many just work with the Angelic Beings 'Above' - like Shamans, we also work with the life forms 'Below', described ages ago in the ancient Chinese and Egyptian mythologies.

Now we do the Exorcism, all being done by working 'Heart to Heart' - we determine the numbers and qualities of the super-consciousnesses, the consciousnesses, and the sub-consciousnesses in and around you, Healing them as needed.

Checks are made on the condition and qualities of your Guardian Angel and Guides, of your Higher Self (and even above that level), of your Soul Group, and on the co-ordination of your Heart, sub-consciousness, and ego. Healing given as needed.

We also check on the value of your Akashic record and Karma, requesting the Angelic Beings to make any needed corrections - checking the results.

Next we examine the number and quality of entities, inappropriate energies, and negative programs in or around your home and take action as required.

Detrimental attachments and all 'Dark Forces' are taken away for appropriate Healing, so that you are free of their noxious effects; their sources are investigated and action taken to prevent re-occurrence.

We request that Fragments of Souls, etc., are given Healing and rejoin you (if they are your own) or are rejoined to their owners in Heaven - and check on the success of this request.

A final check is made to find any other negative influences that are affecting you, and take all needed action for their removal.

After this Exorcism, we may be guided to do other Healing work:

- Clearing you aura.
- Making any needed repairs to your major Chakras and Pranic Triangle to improve your vitality.
- Using energetic techniques to clear problems in your Heart-Mind-Brain team.

- Working with the Angelic Beings and Healing Energies (often using the methods of Matrix Energetics) to correct physical, emotional, and Spiritual problems that can be Healed at this time.
- Protection is placed around you to help prevent further attacks.

We will inform you of the overall results, and ask for your feed-back; when we receive your feed-back we will do any further work as needed, and report to you again.

If we are guided that other work is needed by other Healers (such as Tapping / Emotional Freedom Techniques) we will so advise you.

***You are not just getting a 'One Time Exorcism' from us, but much more!***

Remember that distance does not matter - we work world-wide to help people.

### **Comments - from some of those who we have helped**

It is difficult to find words to express our deep, heartfelt appreciation of the amazing spiritual healing work you and your holy angelic friends have done on me in the last several weeks. This is amazing to my wife and I and consider it something of a miracle.

There's been a 50% reduction in severity and intensity of most of my ailments in the last three weeks - since John Living has been working on me.

You always downplay the importance of the role you play, the service you provide, your own position in the angelic family in which you work - out of humbleness I suppose, and you say, "Oh, it isn't me who delivers people out of the hands of the malevolent supernatural torturers, it's the angels which I am involved with and work with."

But my wife and I have searched the world for five long years for someone who actually knew what the hell they were doing and could provide some relief and release from ten years of continuous possession, oppression, and multiple severe afflictions that had rendered me a bedridden invalid 80% of the time since 2001.

For over a decade I was continuously assaulted, tortured, terrorized with a variety of debilitating afflictions, diseases, maladies, and disorders that medical science could not diagnose, comprehend, or treat. All the doctors could do was throw lots of drugs at the symptoms, the causes of which were a complete mystery to them.

For a decade I suffered from I suffered from severe fatigue, malaise, migraines, brain, spine, back, muscle, nerve pain and trauma, untreatable high blood pressure, drug addiction, medication interference (cancellation, opposite effect than normal, or weird unheard of side-effects), nightmares, insomnia, anxiety, vomiting, diarrhea, sulfur/peroxide poisoning in GI tract, itching, and hostility/violence from neighbors and total strangers.

These dark forces paid absolutely no attention during the last five years to six or seven so called "deliverance ministers" and "exorcists" we had been going to who were initially quite confident that they could expel them, but after several months threw in the towel and then tried to blame me for not having enough faith, not being a true "believer", not having enough this or that or the other.

These religious based theologians, bible scholars clearly lacked actual experience in the spiritual dimension and therefore lacked the depth of understanding, the expertise, the intimate working relationships with holy angelic entities in the higher planes that is required. John, may God's blessing be upon you and your work and your holy angel friends.      MDH. Indiana

I really appreciate the work you've done already, John. You're truly a God-Sent!!! Thank you soo, soo much!

This morning, I woke up without remembering any nightmares at all. Which is wonderful! As I shared with you, not last night, but the night before (Monday night) at 12:00 midnight (technically Tuesday) my time, I was washing my hands at the sink and I felt this very, very strong, strong, strong Superhuman "male" force in my body, especially my arms and hands, but torso too. [That is the time that we were doing work on her]

I really panicked for 30 seconds, but then it went away. Phew!!! KJ Ontario

One "so-called" "Christian" just tried to kill me not too long ago (no one knows if it's a man or a woman) "It" has an internet-based business for Christians experiencing Bondage and Demonic problems like me. I had the worst experience with that character But you, I can FEEL your heart Energy, and that gives me PEACE and reassurance. I feel the heart connection!!! I'm extremely "clairvoyant" too, you know!!! NB Ontario

Just wanted to thank you again for helping me. I can really tell a difference. I am a lot better than the first time I talked to you. You really saved my life. ML Tennessee

Before you helped: My husband's clothes were wet before he would go out to the field. ... There were cold spots in the house and there was certain areas and rooms that my husband would not go in. (always felt it was haunted.) ... my husband got out of the hospital last fall. Then the interference and control got a whole lot worse. This time it was against me as well, keys missing when it was time for work, truck stalling when two blocks from work in 30 to 40 below weather, dirty little mean tricks intending to destroy us or so it seemed. etc

Now: There hasn't been anymore incidences of bread in my husband's pocket, or debit card disappearing or wet floors. ... Again, Thank you. PB Saskatchewan

It all good and soon it gone be the best . Thanks of you ...so thank you...John how you do that and know how my life will be change ... You suprize me ...Please take care of youre self ... SR Florida

Words can hardly express my gratitude to you for the help you have provided in releasing the entity (that was my father) from me. As my father while he was alive, and as a discarnate entity after his passing in 1970, dominated my life from the day I was born.

The main thing I want to communicate to you is my profound gratitude for hour help in freeing me from the attachment of the entity, and of other clearing for me that you have done. I have up to this point never truly had a life of my own, because my father started programming me, probably from day one. He has dominated my life, in one way and another, during my entire life. I have been working for some years to overcome the negative programming

So now it is as if I am experiencing a rebirth. During the past few days I have felt some confusion, but with a gradual, increasing sense of returning to myself.

Once again, thank you, John It is truly wonderful work that you are doing, and I am sure that a great many persons have regained their lives as a result of your help. EC California  
<http://www.in2it.ca/ExorcismApplication.pdf>

## **Help is Here!**

If you decide to have our team work to help you (or a friend or relative) please download, print, and complete the [application form](#) and send it with the requested samples (hair, blood drop, and photograph) a cheque or money order, and details of the problem - as described on the [application form](#) - <http://www.in2it.ca/ExorcismApplication.pdf>

### **The Holistic Intuition Society**

Executive Secretary: John Living

Professional Engineer, Spiritual Healer, Exorcist  
RR#1 S9 C6, Galiano Island, BC V0N 1P0, Canada

Email: [John@dowers.ca](mailto:John@dowers.ca)

Telephone (250)539-5807

Toll Free Canada & USA: 1-866-369-7464

<http://www.in2it.ca>



Our logo is the sign of the Heart Chakra:  
Interlaced Pink and Green triangles signifying the joining of Above and Below,  
Heaven and Earth, Spirit and Soul, Mind and Matter.

Our intent is to help people develop their Intuition (and to access their Intuition 'On Demand' - the title of a book that we publish) so that they can improve the lives of themselves, their families, and their friends.

We have published books on Intuition, including the effects of noxious Earth Energies - which doctors in central Europe have found to be a major factor in cancer and many other diseases. Our booklet 'Sleep Well, Be Healthy' is a concise explanation of these energies, the problems that they cause, and ways to overcome them.

Bulk orders of the printed booklets (at a very reasonable price) can be purchased from the society - designed as a low cost hand-out to educate people and improve their health.

We have free downloads of information on healing, including the use of Sanjeevini Radionics cards; these can heal diseases, including those which the medical experts say are incurable - which means that western medicine has no drugs that they claim will stop the symptoms! These cards are free, easy to use, and actually work. See the 'Healing Overview' on our main web page.