Your comprehensive guide to using your Pendulum to Heal in co-operation with the Healing Energies and Angelic Beings of Other Dimensions, where Time & Distance are not important.

Published by the Holistic Intuition Society

Our logo is the sign of the Heart Chakra:
Interlaced Pink and Green triangles signifying the joining of Above & Below, Heaven & Earth, Spirit & Soul, Mind & Matter.

It is a Symbol of Love

Warning!

The contents of this manual are only for correct use in Good Healing practices.
It is Energetically protected by Angelic Beings - any intended mis-use of the information can be expected to backfire on the mis-user, so that they themselves are hurt, without any hurt to the intended victim. All ‘Bad Medicine’ is forbidden!
Let those who actively disparage Spiritual Healing as described in this manual for reasons of greed, profit, power, prestige or dogma suffer their own misfortunes.
INDEX

See p. 98 for changes made

Information and Tools for the Healer
The Intent of this Manual
The Introduction and Guidelines
Background
Internet Healing
Our Senses
Dowsing Signals
Your Handy Chart
Working with The System
‘Love Namaste Healing Team’
Your Confidence is Critical
Healing Procedure
The Healee
Master record Sheets
Higher Levels of Being-ness
Healing the Deep Auras
Other Noxious Energies
Attachments and Possession
Mental & Emotional Problems
Using TouchStones
Chakras and Energy Systems
Genetic and Other Influences
Healing the Aura
Meridians and their Points
The Physical Body
Essences & Similar Remedies
Cancer
Terminal Cases
Radionic Broadcasts
Healee Records
Joining the Healing Group

Application: Join the Healing Group
Tips on working with Energies
Preparing to Dowses
Percentage Chart, & On Completion
Meridians and their Points

Arm Meridians
Bladder Meridian
Chong Mai Meridian
Dai Mai Meridian
Du Mai Meridian
Gall Bladder Meridian
Head Meridians
Heart Meridian
Kidney Meridian
Leg Meridians #1
Leg Meridians #2
Colon Large Intestine Meridian
Liver Meridian
Lung Meridian
Pericardium Meridian
Ren Mai Meridian
Small Intestine Meridian
Spleen Meridian
Stomach Meridian
San Jiao Meridian
Torsso - Front Meridians
Torsso - Back Meridians
Yin & Yang Qiao Mai Meridian
Ying & Yang Wei Mai Meridian

Essences, etc
Sanjeevini #1
Sanjeevini #2
Sanjeevini #3, China Herbs #1
Chinese Herbs - #2
Chinese Herbs - #3
Elements (Leadbeater, Besant)
Homeopathy, Bach, etc #1
Homeopathy, Vitamins, Extras
Flower Plant Sea Essences #1
Flower Plant Sea Essences #2
Proto-type of ‘Blue Print’ for Radionics

Submitted by Healee (from web page)
Application for Distant Healing
Details of Perceived Problems

Obtained by Healee (from web page)
‘Forgiveness’
Life Review

Pages Printed for Each Healee as needed
Master Record Page 1
Master Record Page 2
Master Record Page 3
Record Sheet (Blanks)
TouchStones for Hi & Aumakua
Exorcism #1 - Nature of Possession
Exorcism #2 - Influences
Energy System - Vitality
Energy System - Main Chakras
Energy System - Endocrine Glands
Energy System - Hara Line
Assemblage Point
Body - Front View of Person
Body - Back View of Person
Body - Side Views of Person
TouchStones - For Organs
‘Lulu’ & TouchStones - For Skeleton
TouchStones - For Spine
TouchStones - For Teeth - Right Side
TouchStones - For Teeth - Left Side
TouchStones - For Brain
TouchStones - For Body
TouchStones - Spare
Negative Emotions & Attitudes

Main Pages used in Radionic Broadcast
Essences, etc to be Sent
Chakra Spiral ‘Radionic Machine’
On this page place all the Pages used with TouchStones, the ‘Essences to be Sent page’, and last the First Page of Healee’s Application form, and store in a folder.

Spares for your own use
Blank Chart - 25 Options
Blank Chart - 2 * 25 Options
Blank Chart - 50 Options
Blank Chart - 100 Options

Holistic Intuition Society’s - ‘Shop’
The Intent of this Manual

Is to enable Good Health for All at Reasonable Cost.

For thousands of years the Chinese people have enjoyed better health than their western cousins, based on using Acupuncture and herbs for Healing.

In India the ancient understandings of Life enabled people to have a good understanding of the effect of non-physical influences on health.

In the west, up to a couple of hundred years ago medical treatment consisted of blood-letting and the cutting off of diseased limbs - and sealing the cuts with the help of the local blacksmith.

Western knowledge has advanced since the mid-19th century, and its investigations have opened new doors to Healing methods. But like a person who has just found out a bit, the prevalent attitude is that they ‘know it all’ - and disparage the ancient knowledge and skills from other cultures.

Is it not obvious that combining all methods into the best possible way of Healing far surpasses any one way?

It is sad that the pharmaceutical drug companies have such a stronghold over health systems; new drugs are marketed without adequate testing - and senior staff of approving authorities have later been given employment by the companies that they were supposed to oversee; grants seem to enhance their ‘guidance’ to medical training establishments; their sales force is often the main source of information for physicians - who are trained to prescribe drugs.

Can this manual help medical personnel to improve their Healing abilities?

Research establishments are greatly subsidized by these companies - and their organization encourages research mainly into drugs that are patentable. Clinical trials for simple solutions to health problems are seldom funded - patents are not possible, so profits will not grow!

So many drugs have unwelcome side-effects. Do the pharmaceutical companies see this problem as an opportunity to sell more drugs to overcome these side-effects - and so increase their profits even more?

The cost of health as presently administered is tending to bankrupt governments; with the increase in the proportionate number of elderly people (who have more health problems) this financial problem can only get worse.

There are many cases of doctors who have been trained and have practiced in one jurisdiction that are not permitted to practice where they now reside - their knowledge would help them to excel at Distant Healing.

A number of great successes in Healing have been reported to clairvoyants who get interested in Healing - many more clairvoyants are needed to do Healing work!

Dowsing is a way of accessing your Intuition, your link to ‘Upstairs’. It enables you to Heal even if not clairvoyant - you get the needed information in a different way.

Dowsing is most powerful, since Dowsers can best access the ‘Power of the Mind’ and so work better with the Angelic Beings and Healing Energies from ‘Upstairs’.

It is time for a change! A change for Better Health!
Introduction and Guidelines

Thank you for your interest in this manual -
I hope that it helps you in your Healing work!

Namaste         John

Printing this Manual

When printing pages from this manual ensure that your .pdf printer is set to the actual paper loaded. Otherwise the bottom of the pages may not print. A colour printer should be used for all pages having TouchStones and Acupressure meridians.

Instructional DVD is now ready:  http://www.in2it.ca/HealManual.htm

Background

This manual has been compiled using material from many sources, with credit shown to those sources where applicable. Much has come from my own working with ‘Upstairs’ - my nick-name for the Angelic Beings, Leaders of Healing Energies, Guides, and others who are in non-physical dimensions - although they do work in all the dimensions of creation.

It is published in a protected .pdf format - you can print copies of pages for your own use, but not make changes to the original work or copy pages to other formats.

For a better understanding of how this Healing works it is suggested that you obtain the following books:

‘Intuition Technology’ by John Living, (www.in2it.ca/Books.htm)
An in-depth explanation of how Dowsering is Intuition Technology, and how to access your Intuition to work with ‘Upstairs’ for locating items, getting information, and Healing.

‘Dowse This ... Holistically Healthy’ by Juanita Ott, (www.mirrorwaters.com)

Mirrorwaters - ISBN 978-9780-2586-1
A beautiful selection of Dowsering Charts with instructions on how to use them to identify health problems and do what is needed to Heal them.

‘Earth Radiation’ by Käthe Bachler, (www.in2it.ca/Books.htm)
Summary (with diagrams) of research on the effect of noxious Earth Energies causing illness - involving 11,000 people in more than 3,000 places in 14 countries.

An alternative to this book is ‘Sleep Well, Be Healthy’, also published by the Society. It is a condensed version - designed as a hand-out for Dowserers and to ‘educate’ normal health workers about noxious Earth Energies, since this is not covered in their normal training.

The best examination of the Assemblage Point and its key importance to the supply of vital energy - and how the location and direction of this supply is critical to good health and emotional stability; failure to adjust the Assemblage Point makes other Healings ineffective!

Without any doubt this is the key instructional book on releasing Souls (and other invasive life forms) back into ‘The Light’ - with case histories, all achieved by using your Pendulum!

Case histories of Healing the Baby Souls who become attached to the mother (without her knowledge) even just a few days after conception if they are not born (or die young) and cause health and emotional problems many years later! A problem not even considered by medical authorities!

‘Vibrational Energy Healing’ by Bill Ellis, (www.in2it.ca/Books.htm)
An acknowledged Master Healer and teacher explains new and improved Healing (including distant Healing) using colours, bio-scalar energy, ‘Focal Touch’, and time lines.

‘Chopsticks Acupuncture’ by Shmuel Halevi, (www.acumedico.com)
Respected world-wide and with more than 30 years of clinical experience, he explains how a person can use simple devices for self-acupuncture - and details the influence of all the meridians and their points. A fantastic self-help book, invaluable to all Healers.

Thank you for your interest in this manual -
I hope that it helps you in your Healing work!

Namaste         John
Internet Healing

It is intended to form a Healing Group on the Internet (with web page) to give people requiring Healing access to Healers who have proven abilities and are efficient in the techniques explained in this manual. Fees will be chargeable for the time that Healers spend doing Healing - there is no charge for the Healing itself, which is done by ‘Upstairs’.

You are welcome to apply for membership of this group - Dowsing methods will be used to check your abilities and the willingness of ‘Upstairs’ to work with you, and also to assign people who need Healing (the Healees) to you. Case records are imperative, and feedback from Healees will be obtained. You are, of course, free to use these techniques as you wish on your own patients.

Our Senses

We all have ‘Soul Senses’ as well as those of our physical Being. Some people have better links between these senses than others - for example, they are able to link their Soul sense of Seeing with their physical sense, and are ‘Clairvoyant’. All of us, however, are lucky to be able to use our Heart-Mind-Brain team to transfer information gained by our Soul Senses to our conscious Being by way of manipulating our nervous-muscular system to give signals. We can define the signals to be used, to assign different meanings to various signals according to the subject on which we are working. This is called ‘Dowsing’.

Ego thinks that it knows all. To get accuracy we have to by-pass ego and go to ‘Source’. The keys are to have good intent (without hurt or harm to any), to formulate clear and precise questions in the logical mind, and then to ask our Heart (our direct link to our Soul Senses) for the answer - speaking to our Heart as if it were a different person!

Dowsing Signals

There are two main sets of signals:

Physical Dimension: As in “Is this food good for me to eat?” a ‘to & fro’ signal meaning YES (a joining) and a ‘side to side’ indicating NO (a barrier) - these being similar to nodding or shaking your head.

Metaphysical Dimension: Good energy seems to spiral clockwise - as in most screws and in twisted electrical wire! So a clockwise circle means YES (and inputting Healing energy) while a counter-clockwise circle indicates NO (and extracting non-beneficial energy).

In this manual the metaphysical system of signals will be used; with this I use a ‘to & fro’ signal as WAITING and a ‘side to side’ signal for NOT AVAILABLE. If you get NOT AVAILABLE it may be for many reasons: ‘not at this time’ often being indicated; you can always ask for the reason for this signal being given.

The size of the circle made by your Pendulum indicates the strength of the answer given - a small circle indicating ‘YES, BUT’ and a large one ‘YES! YES! YES!’ - these sizes being relative to the same length of ‘cord’ holding your Pendulum. The same holds for NO.

If you get a small signal then be aware of the very first thought that ‘pops’ into your mind. It is coming from Source; any further thoughts may be from ego - not liking that it has been by-passed and trying to exert its own influence on you!

This may be a great help in understanding why permission was not granted or further questions that should be asked to clarify a situation.

To use the techniques that are explained in this manual you must have gained efficiency and confidence in your Dowsing abilities; it is highly recommended that you understand and implement the programming developed by Walter Woods and given in the advanced section of his ‘Letter to Robin’ - free download from www.lettertorobin.org - but be aware that the signals and chart that Walt uses are not favoured by many experienced Dowsers!
An additional program is needed for using your Pendulum for Healing so that you get the maximum effects - so load the following program in the way explained by Walt:

“When using my Pendulum for Healing I ask that ‘The System’, ‘The Love Namaste Healing Team’, and all the Angelic Beings and Healing Energies give their full co-operation in the Healing and that all such Healing is done with True Holy Love, Namaste, in the way that is best for all concerned without harm or hurt to any. A clockwise rotation shall input the Healing Energies, Essences, and Vibrational Patterns so needed and transmute those that are non-beneficial to be beneficial if possible, and a counter-clockwise rotation shall extract all those that are unwanted or non-beneficial and send them to be Healed. All information given to me shall be the truth, the whole truth, and nothing but the truth - in the way that I can understand using the best of my abilities; if this is not possible, a NOT AVAILABLE signal shall be given.”

Note that the Ptah Pendulum is more powerful than a normal Pendulum for Healing - it was designed, with the help of ‘Upstairs’, for this very purpose!

Your Handy Chart

Since most of us have two hands, we can use the spare one (the one not holding your Pendulum !) as a chart for many purposes.

It is best to use signals that conform to indicators that you see often, such as the speedometer and charging gauge of your car since your mind-brain team is accustomed to the signals used.

Working with ‘The System’

It seems that ‘The System’ (the ‘Good God System’) is the controlling influence in ‘All that Is’. To gain help from the ‘System’ you need to be accepted as a Being who has good intent - so I like to ‘open’ with a statement: “I open in True Holy Love, Namaste, and that Love of Truth; I ask the help of ‘The System’ to provide ‘Healing Good in a Good Way’ for [name]. I ask ‘The System’ if this is approved ?” - if NO then ask why !

It seems in ‘Heaven Talk’ that Healing can be ‘Healing Bad in a Bad Way’ (an ending or severe hurting), or ‘Healing Good in a Bad Way’ (teaching a lesson); so always specify ‘Healing Good in a Good Way’! It does not cost any more to be safe!

When dealing with possession, changing of a person’s DNA, or other very complicated Healing, I state the desired outcome to be achieved, and ask “Is ‘The System’ able to do this task?” and if so, “Is ‘The System’ willing to do this task?” If YES, then I hold my Pendulum over my left hand (as my Handy Chart for percentage completion) and watch it make swings from 0% to 100%; when it reaches 100% it may start again on another aspect of the same task. When it stays at 100% (or at a lesser level) ask if any more work is needed, and if so, when. Check “Is the [desired outcome] now achieved for [name] ?”

It is most important to express gratitude for the help received! Would you continually give your best efforts to someone who does not appreciate your help? So I finish: “I send my Gratitude, Thanks, and Love to All who helped in this Healing; I send it to you with True Holy Love, Namaste.”
Include ‘All who help’ since ‘The System’ may have assigned jobs to (or got the assistance of) others, such as Angelic Beings and the Controllers of Healing Energies and Energy Fields.

Each ‘Being’ ‘Upstairs’ seems to have a special job - so the co-operation of many is needed to accomplish a complicated Healing. This may explain why appeal by prayer to a Deity may not be the most effective way to obtain Healing - remember that God existed before any religion, which is an attempt by humans to explain what is beyond their understanding!

**The Love Namaste Healing Team**

It is my understanding that this team has been formed to co-ordinate Healing of various modalities; there is an investigating team who liaise with the ‘Wisdom of the Being’, the ‘Wisdom of the Body’, and the Heart of the Healee to diagnose the causes of problems and to oversee the co-operation of all involved in the Healing. Members include Angelic Beings, Souls of experienced Healers on Earth (and other places), Spirits, and Guides.

The Love Namaste Healing Team will assist in all Healings if so requested - so always ask their help when starting to work on a Healee! Most important - include them when expressing your Thanks and Gratitude!

**Your Confidence is Critical**

Know that you are doing your best - which is all that can be expected. Sometimes the Healing may not be successful, for various reasons which are not your fault. The disease may have progressed too far, the cause may be due to an emotion (hate, anger, etc) which the Healee refuses to 'Let Go', the Healee may revitalize or reinforce the cause (more hate, anger, etc), or the life style (including foods consumed) may prevent a cure.

Sometimes when you are involved with a Healing you may ‘feel to do something different’ - check if this is coming from a good source, and do it if so! ‘Upstairs’ may be advancing you as a Healer - perhaps expecting you to pass on this new skill to other Healers!

All Healers, in all dimensions, can improve! And your fellow team members ‘Upstairs’ may be so asking your help to improve Healing modalities on this Earth!

**Healing Procedures**

Check that you are able to Dowse without problems see Prepare to Dowse Page (taking any needed corrective action) and protect yourself. It helps to envisage yourself surrounded by Healing Light and having a clear ‘grounding’ link to the centre of the earth.

The following paragraphs will guide you through the procedures to be used - but there are some important aspects that must be understood so that you can be most effective in using this manual for Healing. These aspects are covered in the recommended books.

In working, it helps to tap a foot or otherwise add physical energy; this may be indicative that you are inputting your own effort - it may also be transmuted into other dimensional energy useful to the Healing Energies.

**The Healee**

The permission of the Healee is most important - from them directly if possible, but in cases of children and those seriously incapacitated that of their parent or close relative is acceptable. When submitted, such permission should be accompanied by at least two of these identifiers: blood sample (a pin-prick on a piece of paper with their name), piece of hair, photograph, or signature. Their birth date, place, and name and their current name and location are also needed.

This data is required on the Application for Healing form, which is also used as the key identifier for Radionics.
It is advisable to Dowse whether the data and samples agree, and are for a person still alive - cases have occurred where people known to try to undermine this type of Healing have made submissions that are incorrect or conflicting.

Known health problems should also be stated; these should be submitted by the Healee on a separate page, since we do not want to send out signals by Radionics which encourage such problems!

**Master Record Sheets**

On all the charts / sheets complete the identification section before starting any work - otherwise doing this later may interfere with maintaining your attention on the Healee. You may find it best to print a page having about 18 copies of the Identification Data, cut them into individual pieces, and stick to the pages that you use; this saves much time!

Go through the Master Record Sheets 1, 2 & 3 first, to help yourself and your friends ‘Upstairs’ to be aware of the problems involved; after you complete the work, you can go through these indicators again to see the changes that have been made and to identify aspects that need additional Healing help or more work later.

Now start going through the charts / sheets in page order - also the order of the comments below. On Master Record Sheet 4 enter any notes about the Healing work that you are doing for the Healee - especially in cases where difficulty is encountered, and for Healing modalities that you use but are not included in this manual.

**Higher Levels of Being-ness**

The problems that are manifested in the Healee may be due to causes that are not directly associated with them, but with others in their Soul Group, their Higher Self, and (using Huna terms) their Aumakua and High Aumakua. You do not have to have a complete understanding of these Beings or their domains, just to accept that they may be involved and need Healing themselves - and if so, ask ‘The System’ to give the needed Healing.

In doing this, work downwards from the top - High Aumakua, Aumakua, Higher Self, and then the Soul Group. See Touchstones - Hi & Aumakua - if permission is refused, you have any problems in doing this, or if it seems to be ineffective, then contact John Living.

It is advisable that this check and any needed Healing be given prior to getting permission to work on Healing the Healee. Failure to do this may make any Healing given ineffective in the long term. By instigating this Healing you will probably improve the health of many other people, especially those in the ‘Soul Group’ of the Healee.

**Healing the Deep Auras**

I use a Doll for females and a Teddy Bear for males; I attach the Healee's identification, and state that they represent the total Being of the Healee. I then lower a Healing Ring around them, to clear non-beneficial energies from their local auras - and do this in all three physical dimensions. I clear myself in this way (using my own body) each day; when I do this, my body bends forward slightly to indicate a problem within the ring, and I hold it still until the bending ceases - which indicates that the clearing is completed.

I then use my 'Ptah Pendulum' (which is specially designed by ‘Upstairs’ to explode not-good energies into Light) to clear problems in the deeper auras and Light Bodies. Sometimes these are found to be up to 15 feet away from the Healee (or their Doll or Teddy Bear). You just follow the lead given by the Ptah Pendulum (as explained in its literature) until all is cleared. I hear a ‘pop’ when dark stuff is exploded into Light - and do this procedure in all three physical dimensions by rotating the Doll or Teddy Bear.

I then do Joe Smith’s 'Washing Machine' routine on the Healee (or their Doll or Teddy Bear) as explained in the 'Intuition Technology' book. This Healing may not be critical.
Other Noxious Energies

These are best explained (with Healing procedures) in ‘Sleep Well, Be Healthy’ obtainable from the Society - bulk purchases are available at reduced cost to give to Healees. There are two main categories - vortex energies from Curry Lines and Crossings, from Water Veins, or due to electric appliances and transmission systems; and not-good energies seeking Healing! If found, advise the Healee to get a competent Dowser to work on site, or if one is not available, ask for a plan of the properties concerned and do a distant Healing of these at extra charge.

Noxious Earth Energies are recognized in Europe as a major contributor to cancer and other diseases. Doctors have found that Healing is only effective after dealing with the noxious energies. They may not be the sole cause, but they are found to be associated with all cases of cancer - and to sites where automobile accidents are frequent! These noxious energies may be the basic cause behind sudden deaths of otherwise healthy children.

‘Not-good energies seeking Healing’ are of special interest to Healers, since those who seek Healing see ‘The Light’ of the Healer, and so come to be Healed. There are many cases of Healers who feel attacked, due to the negativity which needs Healing - and often they send the culprits ‘to the ends of the universe, never to attack any one again’.

This is like going to your doctor and being told to “F... Off!” - and yet all it needs is to ask the Angelic Beings to take them to be Healed and ‘be in their rightful place with their friends and those that they Love’!

This is often found to be the cause of problems in locations where in previous times aboriginal people have had calamities. Sometimes a resident earth-bound Soul may cause problems to the current occupiers of a building - especially if they have different ethnic backgrounds or religious beliefs, or the building is situate on a burial ground.

The procedures for Healing such energies that are noxious to humans (and many animals and plants - although some such as cats, bees, and ants thrive in them) are well explained in John Living’s book ‘Intuition Technology’ and outlined in ‘Sleep Well, Be Healthy’.

The Chinese have known for thousands of years that the orientation and layout of a home has an energetic effect on the people living there - sometimes beneficial, sometimes detrimental, and these seem to change year by year! If Feng Shui is indicated as being needed, then the Healee should be advised to call for help from an expert on Feng Shui - and we do have Healers who can do this work at a distance! An extra fee would be needed.

Attachments and Possession

Dowse to check if there are any attachments - these may include Samskaras, which are Soul Remnants from those deceased. The books ‘Entity Possession’ and ‘Regression’ by Samuel Sagan, MD, (www.clairvision.org) are exceptionally good in explaining about Samskaras and how to Heal with them.

‘Talking’ with Samskara I am told ‘We like to hide in muscle tissue’. My own experience is that they like to move around a bit - so if you are aware of any ‘pain that moves’ it may well be due to an invading life form.

Whenever I get cramp in my legs I find that it is due to an invading life form - perhaps swimmers get cramp due to such life forms in the water. I find that my Ptah Pendulum is quite effective in Healing such moving pains and cramps - but I have not tried using it while swimming!

Small children are very vulnerable to possession by close relatives, and people in hospitals - especially if drugged - to those who died or entities that left the person that they previously possessed. Drinking establishments are places where many earth-bound Souls ‘hang out’ - and may get into unwary visitors (especially if drunk!). This is a common cause of chronic alcoholism - and recreational drug dependency may be caused in a similar way.
A most common and usually unrecognized attachment (especially in females) is the Soul (or part) of a baby lost prior to birth (even within days of conception) or when young. These may be causing problems many years after the death. Sometimes other deceased family members will also attach to the lost baby! This is well covered in Gwen Jones' book 'A Cry from the Womb' - 'Forgiveness' is critical, for many reasons - see below.

Possessing Life Forms may not even have been human! Special treatment may be needed from accomplished Healers - see 'Exorcism' by Eugene Maurey.

If you discover any of these, work through Exorcism #1 - Nature of Possession to identify the numbers of possessing entities involved, their effects, and their sources, and check using Exorcism #2 - Influences to see if any of these need to be addressed. Then ask the 'The System' to do all needed Healing and clearing - see Working with 'The System'.

If 'The System' cannot clear these, advise the Healee to get special help - and explain that further Healing may not be effective until such help is obtained. John Living can advise on which specialists would be best to consult.

Mental and Emotional Problems

The auras and Light bodies are inter-mingled - the outer levels inter-penetrate those that are closer to and within the body, and problems in the outer levels originate problems in the inner levels, finally manifesting as illness and disease in the physical body.

Having cleared problems in the higher auras, the problems in the inner levels must be addressed. Many of these are due to anger, hate, greed, and similar negative thoughts and emotions - if a person thinks badly of themselves or another, these thoughts accumulate in their auras as Thought Forms. They have a life of their own, have been given a ‘bad job’ - but would like to have a good job, perhaps to join with those that are beneficial.

It is most important that the Healee releases all such negativity - so insist that they implement the ‘ Forgiveness’ and ‘Life Review’ procedures that are included with this manual. Doing these cannot cause any harm, and has found to be most beneficial by many people. You are how you think! This Healing procedure endeavours to clear these problems - but to be fully effective the Healee must play their own part in the Healing!

Using TouchStones

First use normal Pendulum Healing on the Chakras, glands, Auras, or body/parts as shown on the relevant pages (next section), then for each Chakra, etc, Dowse if any TouchStone Energy is required; your Pendulum will go to one of them (or give a NO signal); rotate your Pendulum clockwise over the TouchStone to load it with Healing energy; when it stops move your Pendulum to the Chakra, etc, and rotate your Pendulum clockwise to load the Healing and Colour Energies to the place needed.

Now draw a circle in the place needed, and draw a line from the TouchStone to the place indicated (i.e. a continuous line drawn in the needed direction) ending with an arrowhead in the circled place. Remember that another place may need Healing by a TouchStone already used; if so, draw another line. Also the same circled place may need more than one colour.

Finally check if any more colours are needed - if so, ‘which and where’, and load them. If the Black TouchStone is indicated, the line should be drawn from the circle to the Black TouchStone; an anti-clockwise rotation of your Pendulum used in EXTRACT mode over the circle, and then clockwise over the Black TouchStone to load it with what is extracted.

If you have a set of TouchStones, and want to use them directly on a patient (or yourself) you can use your Pendulum on one of the coloured sheets to select stones and on yourself to find where they should be placed; check with your Pendulum as to when the Healing is completed. For more information on Touchstones, visit www.askforprosperity.com - Email: info ‘at’ askforprosperity.com or telephone: vox (502) 454-4967, fax (502) 458-5623
Chakras and Energy Systems

Now we start at the level usually expected in Distant Healing! See Energy System - Vitality and Energy System - Chakras and complete the data in the order given:

Vitality Index, Overall Prana, Spleen, Pranic Triangle, Chakras (Root to Crown)

You can use your Handy Chart or a Percentage / Counting Chart to obtain the Vitality Index and other values - and use these as a check on the success of the Healing.

The Vitality Index and Pranic values are found by Dowsing - asking for the percentage value of the Healee's vitality compared to a normal person's maximum vitality having regard to their age, sex, etc. A value between 75% to 80% is normal for good health. For more information see 'Vibrational Energy Healing' by Bill Ellis, published by the Society.

The Spleen is closely associated with the Pranic Triangle; these are seldom covered in most discussions on Healing, but are critical in any improvement in a person's vitality; people who are 'always tired' have a low vitality - often due to a poorly functioning Spleen Chakra.

Check it and each of these Chakras in the Pranic Triangle for their percentage of Overall Efficiency and of Openness, any blockages, obstructions, tears, holes, and/or incorrect spin (both speed and direction), recording your findings. To do this, ask Your Heart (working with the Heart of the Healee) if these exist for each Chakra; after getting this information, ask 'The System' to Heal any problems found so that each Chakra is in perfectly good operational condition and working well, and monitor the progress with your Handy Chart.

Then do this for each of the main Chakras in order of Base Chakra to Crown Chakra.

Each Chakra is associated with an Endocrine Gland, so go to Energy System - Endocrine Glands and check each gland (and any needed Healing) in the same way as you worked on the Chakras, including any colour Healing from the TouchStones.

Next is the Hara Line, seldom covered in most discussions on Healing; see Energy System - Hara Line #1 and #2 and check the conditions of all the points as indicated, working in the same way as for the Chakras. The Hara line is 12 laser-like strands - perhaps mistaken by some 'New Age Gurus' as being '12 strands of DNA'! Check if any Colour Healing is needed.

Genetic and Other Influences

Current Scientific and Medical Research consider that only between 3% and 5% of our genes have 'real value' - the rest being 'junk genes'; perhaps this is typical of 'experts' who think that they 'know it all'!

However Graham Hancock, in his book 'Supernatural' ISBN 978-0-3856-6216-5, makes an excellent case for ancestor past life history to be recorded in these genes. This would include miasms, records of serious injuries, and other major happenings that are considered very important.

This implies that our own genes are so changed to record data of key items in our life needed to be passed on to our descendants - and also for use in our own life. This is completely consistent with the idea that each cell in our body has a holo graphic type memory of all that happens to us - with emotional triggers attached where pertinent.

There are three aspects which could affect this:

- For this to happen, genes would change during a life-time. Are only 'junk genes' affected? Are such changes found when doing identification by gene comparison? Are 'junk genes' examined in such an identification?
- Variations between brothers and between sisters in a family, especially in personalities, are often very large - more than due to slight variations in genetic coding.
- There are many cases where moles appear on a body, and which are explained by major traumas in past lives, especially at death - when no genes would be passed on to descendants. Fears and some emotional problems also seem often to be due to such deaths.
These could be explained to a large degree by the morphogenic fields proposed by Rupert Sheldrake. If genes are switches that are set, for example to OFF, LOW, MEDIUM, or HIGH, these could be operating the connections to these morphogenic fields.

It may be that the genetic coding is not just the mixing of codes from parents, but also to certain coding brought in by the Soul at conception, to influence the life in accordance with the Soul's purpose.

It may be that a Soul / person generates its own morphogenic field during the life time, and that this is attracted to the Soul in its next life - and that morphogenic fields from others in its 'Soul Group' are also attracted.

Rupert Sheldrake also suggests that people are affected by the morphogenic fields formed by families, communities, ethnic groups, and nations; perhaps this includes workplaces, and accounts for the 'personality' or 'group mentality' of companies and other organizations.

It is possible that the Assemblage Point Beam connects the Being to the various morphogenic fields - similar to the way that an aerial picks up radio signals (many are picked up, but a radio amplifies just the one to which it is tuned).

We are grateful to Walter Woods for explaining at lectures given at the Society's conventions and in 'A Letter to Robin' that we can change these genes (or their settings) by Dow sing.

Since the selection of such changes is a very complicated business, needing very clear and precise instructions, all that is needed is included in 'The Blue Print of Genetic, etc. Healing' which is automatically included with the 'Chakra Spiral Radionics Machine'. This 'Blue Print' emphasizes the desired effects, not the methods of obtenance.

Details of this ‘Blue Print’ is not distributed with this manual, but includes Healing on Miasms and other Genetic Problems, Protection against Possessing and Invasive Life Forms, Healing of Mind and Brain Problems, Production of Vitamins and other essential substances, Overcoming Addictions and Allergies, Removal of Implants and Imprints, Protection against Invading Life Forms. The one copy (including updates that are made from time to time) is accessed by all the ‘Chakra Spiral Radionics Machines’.

Healing the Aura

Most of the problems likely to be found in person's aura may have been Healed by the Healing Ring, Ptah Pendulum, and TouchStones - but check if some problems remain.

Go to the pages showing the Front, Rear, and Side views of a person's body, load the Healee's information to these pages, and use your Pendulum to follow the outline of the Healee's main aura, sketching in the outline on each view. When finished, go to places on the sketched outline that seem abnormal (or Dowse to find out where problems exist) and work with 'The System' to Heal all that are found - and add TouchStone energy if needed.

Often you will find thinness, tears, or holes, and deposits of 'dark energy'. You may get feelings, hear messages, or just 'know' the details of the problems and their causes - and this information should be recorded in case it is of help in further Healings.

Thought Forms are usually found in the aura - so you can ask to be shown those that are non-beneficial and ask 'The System' to Heal them; many of these may have been sent to the Healee by other people - so ask that all that have been sent be returned to the sender with 'True Holy Love, Namaste', since they may include part of the sender's Soul Energy

Meridians and their Points

Another breakthrough into new methods - released here for the very first time ! We know that we can use our Pendulums to effect changes in the 'Energy World' of Chakras, Genes, Organs, and Cells; why not use this same method to accomplish the effects normally needing Acupuncture or Acupressure ? And do it at a distance !
Go to the Meridians Master Chart to find which points or meridians, if any, need Healing, and then to the Meridian Chart indicated. Use your normal Dowsing skills to find where Healing is needed, and let your Pendulum rotate clockwise (to input any needed energy) or counter-clockwise (to extract surplus energy and/or problems) as your Intuition guides you. Finish by putting in any more Healing (with True Holy Love, Namaste) with a clockwise rotation. Check if any more points on this meridian need Healing.

Check again on the Meridians Master Chart to determine if any more meridians need. Enter points found on the ‘Essences to be Sent’ page - page number or heading, point number.

**The Physical Body**

For skeleton problems such as mis-alignment in vertebrae you can Dowse where help should be applied, in which direction it should be given, and the number of taps required. Now place the eraser end of a wooden pencil at the point indicated and give it the number of gentle taps in the correct direction - all as you found by Dowsing.

Sounds weird - but it works! Successes reported include from a Healer in the USA to Healees in Canada and in Israel! This is similar to the ability of an accomplished Dowser to move a vein of water to or from (depending on quality) a distant well - or even change the quality of the water flowing into the well! It is all Energy of one form or another!

For blood, lymph and nervous systems, joints, organs, and other cellular parts liaise with the Love Namaste Healing Team and then use your Pendulum to extract problems and their causes, then Heal with True Holy Love, Namaste. Repeat until no more extraction occurs - and always finish by inputting True Holy Love, Namaste.

Then ask if any Colour Healing is needed; if so, you can place a sketch of the part concerned on a blank TouchStone sheet and draw from the indicated stone to the part.

You can go to the Anatomy Colouring Book (or similar) to find detailed descriptions of body parts if any organs or body parts need further Healing, and make your own sketch on p.86.

**Essences and Similar Remedies**

The use of the Negative Emotions and Attitudes Chart will be most useful to identify problems which may be Healed with the help of Essences - these also have the Ability to Heal other problems.

Since everything is Energy in one form or another, you do not need an actual physical dose of an essence to get the needed effects! Just identify what is needed, and send the vibrational pattern, essence, and energy of the substance directly to the needed place. This is more efficient that a physical application, since it goes exactly where it is needed.

Most of the drugs produced by pharmaceutical companies are derived from plants. Using the materialistic / scientific approach, they consider that it is the chemicals in the plant that give a Healing effect.

The difference between a natural plant used as a medicine and a commercial preparation is that the natural plant is alive - the manufactured drug has not the same life force. Metaphysically, whilst the plant medicine spiral clockwise (the ‘Good Way’), the drug spiral counter-clockwise. Manufactured drugs cause unwanted side-effects, unlike most plants.

When you select an essence, it is the particular life force of the plant which is sent - and without any negative re-actions - so it is safer and more effective.

Going to the Essences etc. to be Sent Chart, Dowse to see if any are needed - and then to the chart page indicated to identify which of the various essences, etc. should be sent. These cover Vitamins, Trace Minerals, Sai Sanjeevini Vibrations, Bach Flower Remedies, and Chinese Herbs. Then write down on the Healee’s Essences, etc., to be Sent Chart all those so needed.
Perhaps the most efficient of all are the Sai Sanjeevini symbols - download your own copy of the Sai Sanjeevini manual from www.SaiSanjeevini.org - it is not only free, but with very comprehensive explanations and instructions. You do not have to place the actual symbol on the Radionics device - listing its identity is quite sufficient! If you are guided by your Intuition to add any other essence (perhaps not listed) then just add it to the list to be sent.

**Cancer**

As explained in 'Earth Radiation' and 'Sleep Well, Be Healthy' noxious radiation is usually found in all cases of cancer - treatment without changing this radiation (by Healing, or moving the bed, chair, etc) fails to cure. It seems that this radiation causes an energy vortex that interferes with the communications between the affected cells and the 'Wisdom of the Body', with the result that the cells grow without control. They are seen to spiral anti-clockwise. An alternative reason, based on Rupert Sheldrake's work, is that the cells 'grow wild' since they have lost contact with their own sub-set of the morphogenetic field.

This vortex type interference is also caused by X-rays and similar streams of high energy; thus periodic X-ray examinations may be increasing the incidence of cancer - especially breast cancer in females.

To overcome cancer problems, tumour suppressor genes and repair and maintenance genes should be switched ON-HIGH; communication between all affected cells and the 'Wisdom of the Body' must be re-established; this is covered in the in 'The Blue Print of Genetic, etc. Healing' which is automatically included with the 'Chakra Spiral Radionics Machine'.

It is understood that existing effects can be greatly remedied by sending the vibrational pattern, essence, and energy of baking soda (sodium bicarbonate), mistletoe, Ayahuasco Vine, and Chacruna to all the cells concerned; perhaps these should be sent in all cases.

**Terminal Cases**

People who are terminally ill may be desperate; if the disease has gone 'too far' in the judgement of 'Upstairs' then the Healing given may not stop the disease, but can be expected to ease the suffering.

This may, perhaps, result in the ending of the life of the Healee to stop the pain. This is not the decision of you as Healer, and you are in no way responsible for the decisions made by the Angelic Beings so involved.

This, and any other instance of death, is an action taken by 'Upstairs' in their own wisdom, usually in agreement with the 'Wisdom of the Being' of the Healee. By approaching you as a Healer, the Healee is asking for 'what is best' - and the conscious opinion of the Healee may not be the same as the judgement of 'Upstairs' or that of the 'Wisdom of the Being'!

This aspect is explained to prospective Healees on all our web pages, and is stated as being accepted by the Healee in their Application for Healing.

**Radionic Broadcasts**

You do not need an expensive machine - a 'paper machine' works just as well. Correction - it works even better! A mechanical box needs to have the rates needed determined and loaded, and to be switched ON and OFF as required.

The 'paper machine' only needs the desired result to be stated in a clear and precise way, includes a safety program, gives only what is needed (and in the place so needed), and does not need any switching - it links to the 'Wisdom of The Being', 'Wisdom of The Body', and Heart of the Healee to determine the precise dosages to be given (including strength and potency), and instead of sending these in a single boost (which tends to be ignored after a time by the receiver) it transmits in pulses - so that the Healee's systems respond correctly to each dose sent.
The Chakra Spiral page gives you a most powerful Radionic Broadcast system that is simple to use. Place it in its own letter-sized file folder and load on it (in this order):
1. The Chakra Spiral which includes 'The Blue Print of Genetic, etc. Healing'.
2. All TouchStone and other Charts needed for the Healee.
3. Essences, Etc., to be Sent Page for the Healee.

The file folder can then be stored in a normal file box or cabinet - but keep all these file folders in a separate drawer from other files. Keep records of Healees in a different drawer.

**Healee Records**
- Keep a record of your exact findings (and action taken) as you work on each Healee.
- If the Healee mentions any particular disease then you can tell the Healee the action taken 'in regard to your query about [the disease]' - never 'to cure [the disease].'
- Keep a copy of all correspondence with the Healee.
- Record when Healee feedback is due - and chase until you receive it!
- Record when your follow-up checks are due - and do them when due!
- Record the results of your follow-up checks and any further Healing sent.

**Joining the Healing Group** *(This is a proposed Group - not yet formed)*
An application form is enclosed - it requires the submission of at least 5 completed case histories, which are best posted to us. These are needed to check your abilities and the methods that you use; contact with the patients may be made if considered necessary - so your permission to make such contacts is requested. If you have special Healing abilities other than those mentioned in this manual, describe these and quote your successes. Also mention any comments and suggested improvements to this manual.

The approval process will include:
- Inspection of the submitted case histories; these will be returned to you.
- Confirmation that 'Upstairs' is willing to work with you.
- If accepted, then issue of a certificate, and:
- Inclusion of your details on the Healing Group webpage (if requested by you).
- Passing of Healee requests to you for Healing - payment to follow at the group scale.

It may be that further experience is needed - if so, you will be so informed. The chart below will be used by the Group Organizer to determine your acceptability - you can use it yourself to identify (and then overcome) any problem indicated. Note that you must always ask Your Heart so as to by-pass ego, and perhaps ask another Dowser to check for you.

Before any rejection, the Group Organizer may use the techniques in this manual to assist you to be accepted - your permission to do this is implied in your application.

**Chart used to determine your acceptability**

<table>
<thead>
<tr>
<th>Insufficient Dowsing Abilities</th>
<th>Insufficient Healing Experience</th>
</tr>
</thead>
<tbody>
<tr>
<td>Lack of Sincerity, Skepticism</td>
<td>Seeking Power or Greed</td>
</tr>
<tr>
<td>Unacceptable Attitude</td>
<td>Emotional Problems</td>
</tr>
<tr>
<td>Blocked by Beliefs, etc.</td>
<td></td>
</tr>
<tr>
<td>Otherwise unacceptable to 'Upstairs'</td>
<td></td>
</tr>
</tbody>
</table>

Note that you may find that some of the indicated problems (if any) are Healed by using this Healing system on yourself. You may be told by the 'Prepare to Dowsne Chart' that you cannot do this - if so ask 'The System' for special permission.

**Accepted**

---

**Thank you for your interest in Healing work and in this Manual**
Application to Join
the Healing Intuitives Group

Present Name: .................................................................

Current Address: .................................................................

.................................................................

Telephone: ......................... Cell: .................................

Email: ................................. Work Phone: .................................

Web Page: ................................. Link Wanted: YES NO

Name at Birth: .................................................................

Date of Birth: ......................... Place of Birth: .................................

Attach a Hair: ____________________ Attach a Recent Photograph: .................................

Small Blood Spot Here: __________

I, as described above, do hereby certify that:
• All the above data is correct and that the samples and photograph are of my own body.
• I do hold the Holistic Intuition Society, the Healers, and the Healing Intuitives Group blameless in all respects and at all times for any unwelcome change in my health.

I hereby apply to join the Healing Intuitives Group and enclose 5 case histories of people that I have helped with Healing Work and give my permission to contact them if needed.

I attach explanations of my Dowsing and Healing Abilities with copies of relevant certificates.

I give my permission for free Healing work on myself.

(Signed): __________________________

Date: __________________________

I am clairvoyant and able to see causes & health problems in bodies & auras: (circle) YES NO

I enclose a non-returnable fee of US$20 payable to the ‘Healing Intuitives Group’ in payment of processing costs and the return of the case histories submitted.
Tips on Working with Scalar & Other Energy
Clear first to Cleanse;
Energize to Heal;
Stabilize with Light Blue and White Light

See ‘Vibrational Energy Healing’ by Bill Ellis

Electromagnetic energy being drawn in from all directions to form Scalar Energy Pool in centre of body.

Energy Distortion Points in Hand.

1 NERVOUS SYSTEM (Brain, Physical Energy)
   1 Etheric Energy
   2 Acid Alkali Balance
II RESPIRATORY SYSTEM
   3 Bronchial
   4 Lungs
III DIGESTIVE SYSTEM
   5 Liver
   6 Stomach
   7 Intestines
IV URINARY SYSTEM
   8 Kidneys
   9 Bladder
V REPRODUCTIVE SYSTEM
   10 Male: Testes -- Prostate
       Female: Uterus -- Ovaries
   11 Genitals
   12 Blood Condition and Circulation.
   13 Heart Function.

Hand Drawn Body Image complete with arrows and spirals which simulate e-m waves and create the Scalar Wave.
Preparing to Dowse

Read the following and load it into your sub-conscious and other systems:

“I open in True Holy Love, Namaste, and that Love of Truth as a conduit for Healing; I ask that ‘The System’, ‘The Love Namaste Healing Team’, and all the Angelic Beings and Healing Energies give their full co-operation and help in this Healing and that all such Healing is done with True Holy Love, Namaste, in the way that is best for all concerned without harm or hurt to any.”

“Nothing comes to me which is not mine; nothing goes to others which is not theirs; always excepting Healing given with True Holy Love, Namaste. I remain perfectly protected and grounded in every way. As I help to Heal others, I get Healed myself”.

“When using my Pendulum a clockwise rotation shall input Blessing 995 and 885, Healing 997 and 887, and the Healing Energies, Essences, and Vibrational Patterns needed, and transmute all that is dark or non-beneficial to be Light and beneficial; a counter-clockwise rotation shall extract all those that are unwanted or non-beneficial and send them to be Healed.”

“All information given to me shall be the truth, the whole truth, and nothing but the truth - in the way that I can understand using the best of my abilities; if this is not possible, a NOT AVAILABLE signal shall be given.”

“Any failure for me to understand or believe any aspect of the Healings shall not impede the Healings given to the Healee.”

“I send my Love, Thanks, and Gratitude, with True Holy Love, Namaste, to All who Help in this Healing and all other Healings in which I participate.”

Now check your present Dowsing Abilities using the chart below:

Soul Group, Higher Self, Aumakua Healing needed
Past Life Effects
Genetic Blocks
Implant or Imprint Blocks
Insufficient Ability at Level Required
Entity etc Interference / Blocks
Noxious Energy Effects
Psychic Attack
Hexes or Curses Preventing Healing
Booby Traps in any above Blockages or Interference
Effects of Hypnosis
Program Conflict
Contrary to my Belief System
Thought Form Problems
Previous Experiences Interfering
Heart-Mind-Brain Alignment / Connections
Personal Concerns
Too Close to Healee (family, etc.)
Dehydration
Personal Exhaustion / Tiredness
Personal Distractions
Insufficient Protection / Shielding
Undue Noise, Heat, Cold, etc.
Not at This Time - Try Later

GOOD
On Completion of Work for a Healee:

Take four deep breathes, exhaling ‘HA!’ with the intent to send the energy of these breathes to assist the work being done, and state:

“Let all that are removed be taken to be Healed with Holy Love, Namaste, in the way that is Best for All and be in their Rightful Place; go now, in Peace, Harmony, and Holy Love, Namaste, to be Healed.

Let balls filled with all needed Light, Vibrational Patterns, and True Holy Love, Namaste now be placed around and inter-penetrating the Healee and all associated with the Healee:

- To Heal, to transmute, and to transform all darkness and all that is non-beneficial into being Light and beneficial.
- To operate with True Holy Love, Namaste, with Harmony, and with Peace in all ways and all aspects.
- To be completely effective in all planes and dimensions, all times and all nows.”

Check if any further work is needed, and if you should be involved - now or later. If so, do such work.

Then give Thanks:

“I send my Love, Thanks, and Gratitude, with True Holy Love, Namaste, to All who Helped in this Clearing and Healing.”
Acupressure / Acupuncture Meridians

We know that we can use our Pendulums to effect changes in the ‘Energy World’ of Chakras, Genes, Organs, and Cells; why not use this same method to accomplish the effects normally needing Acupuncture or Acupressure?

And do it at a distance! These problems are often the cause of Chakra, etc., malfunctions.

Go to the Meridians Master Chart to find which points or meridians, if any, need Healing, and then to the Meridian Chart indicated.

Use your normal Dowsing skills to find where Healing is needed, and let your Pendulum rotate clockwise (to input any needed energy and Love) or counter-clockwise (to extract surplus energy and/or problems) as your Intuition guides you.

Finish by putting in any more Healing (with True Holy Love, Namaste) with a clockwise rotation. Check if any more points on this meridian need Healing.

Check again on the Meridians Master Chart to determine if any more meridians need Healing.

These pictures of meridians have been drawn by Dr Shmuel Halevi, and have been included in this manual (and can be reproduced for your Healing work) with his kind and generous permission for your own use with this Distant Healing Manual.

To learn more about Acupressure buy his magnificent self-help book ‘Chopsticks Acupuncture’ (ISBN 978-1-5539-5610-9) - it has a very detailed description of the effects of various points, and indicators for which points to Heal for various problems.

Dr Halevi’s web page: http://www.acumedico.com

See a comprehensive acupuncture points database at www.acumedico.com/acupoints.htm

A colour printer should be used to print these Meridian Charts
Arm Meridians

Lung: p.276
Pericardium: p.284
Heart: p.280
Small Intestine: p.281
SanJiao: p.285
Large Intestine: p.281

See http://www.acumedico.com/arm.htm
Bladder Meridian

For more detail see ‘Chopsticks Acupuncture’

Du Mai: p.289
Bladder: p.282
Gall Bladder: p.286

Irregular changes in this meridian include:
upshooting of Qi causing headache, eyeballs seeming to protrude, tension of the neck muscles, pain along the spine, lumbar pain as if broken, femur joints unable to bend, tight muscles around the knee, calf muscles seem to break.
This meridian controls the muscles and the symptoms are: hemorrhoids, malaria, mania, pain on the top of the head and neck, yellow eyes, tears, nosebleed, pain in the back waist, buttocks and calf muscles, the little toe becomes stiff and unable to move.

Divergent Luo

See http://www.acumedico.com/arm.htm
Chong Mai Meridian

For more detail see ‘Chopsticks Acupuncture’

Kidney: p.283

Symptoms are: piglet Qi - Qi rushing up the abdomen, pain and abdominal distension

See http://www.acumedico.com/chong.htm
Dai Mai Meridian

For more detail see
‘Chopsticks Acupuncture’

Gall Bladder: p.286

Symptoms are: abdominal distension and the lumbar area feels as if submerged in water.

See http://www.acumedico.com/daimai.htm

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Du Mai Meridian

For more detail see ‘Chopsticks Acupuncture’

Symptoms are:
stiffness and backward bending of
the spinal column.

See http://www.acumedico.com/dumai.htm

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See http://www.acumedico.com/dumai.htm

Gall Bladder Meridian

For more detail see
‘Chopsticks Acupuncture’

Du Mai: p.289

Any changes in this meridian may include the following symptoms: bitterness in the mouth, frequent sighing, pain in the heart and chest, difficulty in turning the body, darkened (dusty) complexion in severe cases, heat in the lateral side of foot, headache, pain in the jaw and outer corner of eye, axillary swelling, perspiration and trembling with cold, malara, pain in joints and bones, paralysis of fourth toe.

Divergent Luo

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See http://www.acumedico.com/gb.htm
Head Meridians

For more detail see 'Chopsticks Acupuncture'

- Du Mai: p.289
- Bladder: p.282
- Small Intestine: p.281
- SanJiao: p.285
- Gall Bladder: p.286
- Liver: p.287
- Stomach: p.278
- Ren Mai: p.288

See http://www.acumedico.com/head.htm
Heart Meridian

Divergent Luo

See http://www.acumedico.com/heart.htm

For more detail see ‘Chopsticks Acupuncture’

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If any changes appear in this meridian, there may be dry throat, pain in the heart and extreme thirst.

Symptoms: eyes turning yellow, pain in the chest, pain and coldness along the meridian and heat in the palm.
Kidney Meridian

For more detail see ‘Chopsticks Acupuncture’

Kidney: p.283
Spleen: p.279
Du Mai: p.289

See http://www.acumedico.com/kidney.htm
Leg Meridians #1

For more detail see ‘Chopsticks Acupuncture’

Diseases of the lateral aspect of lower extremity

Gall Bladder: p.286

Spleen: p.279

Liver: p.287

Kidney: p.283

Diseases of chest, costal, hypochondriac region, lateral aspect of lower extremity

Diseases of eye, head, ear, chest, costal, hypochondriac region, febrile diseases

Urogenital diseases

Stomach, intestine diseases

External genitalia diseases

Lung, throat, intestine diseases

See http://www.acumedico.com/leg.htm
Leg Meridians #2

For more detail see ‘Chopsticks Acupuncture’

See http://www.acumedico.com/leg.htm
Colon
Large Intestine Meridian

For more detail see ‘Chopsticks Acupuncture’

Gall Bladder: p.286
Stomach: p.278
Du Mai: p.289
Large Intestine: p.277

Irregular changes can produce toothache and swelling of the neck. This meridian controls the liquids of the body. Symptoms are: eyes turning yellow, mouth becomes dry, excessive thirst, catarrh, nose bleeds, sore throat, pain in the shoulder, arm and index finger.

 Shi: meridian route becomes heated and swollen. Xu: Fear of cold and shivering uncontrollably.

See http://www.acumedico.com/colon.htm
Liver Meridian

For more detail see
‘Chopsticks Acupuncture’

Liver: p.287

Spleen: p.279

Irregular changes in the meridian may include: lumbago and the body is unable to bend at the waist, hernia in the male, distended lower abdomen in females, dry throat, darkened facial complexion as if covered by dust.
Symptoms: distension in the chest, nausea, belching, gas, watery stools containing undigested food, intestinal hernia, incontinence or retention of urine.

See http://www.acumedico.com/liver.htm
Lung Meridian

Divergent Luo

If any irregular changes appear in this meridian, there may appear distension of the chest, asthma and coughing, panting, clutching of the chest and obscurity of vision. Also, belching, restlessness, pain along the meridian, cold limbs and hot palms.

See http://www.acumedico.com/lung.htm
**Pericardium Meridian**

For more detail see ‘Chopsticks Acupuncture’

See [http://www.acumedico.com/pericardium.htm](http://www.acumedico.com/pericardium.htm)

Irregular changes in this meridian may include:
- feverish palm, spasm of arm and elbow, swollen axillary glands, distension in the chest and ribs, tachycardia, red face, yellow eyes, incessant laughing.
- This meridian controls the blood vessels.
- Symptoms are: discomfort or pain in the heart, a feverish palm.
Ren Mai Meridian

For more detail see ‘Chopsticks Acupuncture’

See http://www.acumedico.com/renmai.htm
**Small Intestine Meridian**

For more detail see ‘Chopsticks Acupuncture’

**Divergent Luo**

Irregular changes in this meridian include: sore throat, lower cheek swollen, head unable to turn, severe pain of the shoulder as if the joint bone is dislocated.

This meridian controls liquids and juices and the symptoms are: deafness, yellow eyes, swollen cheek, pain in the back outer parts of the neck, lower jaw, shoulder, upper arm, elbow and forearm.

See [http://www.acumedico.com/si.htm](http://www.acumedico.com/si.htm)
Spleen Meridian

For more detail see ‘Chopsticks Acupuncture’

Spleen: p.279

Ren Mai: p.288

Symptoms: pain at the root of the tongue, body unable to move, anorexia, vexed heart, acute pain in the heart, watery stool, dysenteria, anuria, face and body turn yellow, restless sleep, swollen cold knee or thigh, big toe unable to move.

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See http://www.acumedico.com/spleen.htm
Stomach Meridian

For more detail see ‘Chopsticks Acupuncture’

Stomach: p.278
Spleen: p.279
Du Mai: p.289
Ren Mai: p.288

If any irregular changes occur within this meridian, there may appear violent shuddering as if the whole body was sprayed with cold water, frequent groaning and yawning and the forehead turns greyish. The patient becomes antisocial, photophobia, easily startled and restless. He likes to climb hills and sings a lot, or strips and runs about naked. There might also be abdominal distension and borborygmus.

This meridian controls the blood and common symptoms are: mania, malaria, fever, nasal catarrh and nosebleed, mouth distorted sideways, vesicles on lips, swollen neck and sore throat, oedema, pain and swelling of the knee, pain along the meridian and stiffness in the big toe. Shi: Heat in the chest and abdomen, frequent hunger and yellow urine. Xu: Trembling from cold in chest and abdomen, abdominal distension and borborygmus.

Divergent Luo

See http://www.acumedico.com/stomach.htm
San Jiao Meridian

For more detail see ‘Chopsticks Acupuncture’

San Jiao: p.285

Gall Bladder: p.286

Bladder: p.282

Irregular changes in the meridian may include: deafness, swelling and pain and obstruction in the throat.

See http://www.acumedico.com/sanjiao.htm
Torso Front
Meridians

Pericardium: p.284

For more detail see ‘Chopsticks Acupuncture’

See http://www.acumedico.com/torsot.htm
Torso Back Meridians

For more detail see ‘Chopsticks Acupuncture’

- Small Intestine: p.281
- Gall Bladder: p.286
- Large Intestine: p.277
- SanJiao: p.285
- Scapula diseases
- Liver, gall-bladder, spleen, stomach diseases
- Intestine, urogenital diseases

See http://www.acumedico.com/torso.htm
Yin & Yang
Qiao Mai
Meridian

For more detail see ‘Chopsticks Acupuncture’

Yang Qiao Mai symptoms:
Yin deficiency and Yang excess, often causing insomnia.

Yin Qiao Mai symptoms:
Yang deficiency and excess Yin, causing drowsiness.

See http://www.acumedico.com/qiaomai.htm

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For more detail see ‘Chopsticks Acupuncture’

Gall Bladder: p.286
Stomach: p.278
Du Mai: p.289
Ren Mai: p.288
Liver: p.287
Spleen: p.279
Kidney: p.283

Symptoms are: cold and fever for Yang Wei Mai. Heart pain for Yin Wei Mai.

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Sanjeevini #2 (41 - 140 = Diseases)

41. Diarrhoea/Dysentry Sanjeevini
42. Digestion Sanjeevini
43. Diphtheria Sanjeevini
44. Discharges (all) Sanjeevini
45. Downe's Syndrome Sanjeevini
46. Drawing Sanjeevini
47. Eczema Sanjeevini
48. Emergency Sanjeevini
49. Epilepsy (all) Sanjeevini
50. Fevers & Flu (all) Sanjeevini
51. Filaria Sanjeevini
52. Fissures Sanjeevini
53. Fistula Sanjeevini
54. Fitness Sanjeevini
55. Frozen Shoulder Sanjeevini
56. Glaucoma Sanjeevini
57. Gonorrhoea Sanjeevini
58. Hayfever (Allergic Rhinitis) Sanjeevini
59. Hearing & Deafness Sanjeevini
60. Heart, Hole in- Sanjeevini
61. Hernia Sanjeevini
62. Herpes Zoster (Shingles) Sanjeevini
63. Hiccups Sanjeevini
64. Hydrocele Sanjeevini
65. Hyperthyroldism Sanjeevini
66. Hypothyroidism Sanjeevini
67. Incontinence Sanjeevini
68. Infection Sanjeevini
69. Infertility (Male & Female) Sanjeevini
70. Inflammation Sanjeevini
71. Injury Sanjeevini
72. Jaundice (all types of Hepatitis)
73. Leprosy Sanjeevini
74. Leucoderma (vitiligo) Sanjeevini
75. Leucorrhoea Sanjeevini
76. Lice Sanjeevini
77. Lymphatic Disorders Sanjeevini
78. Malaria (all types) Sanjeevini
79. Marasmus Sanjeevini
80. Measles (all types) Sanjeevini
81. Meniere's Disease Sanjeevini
82. Menopause Sanjeevini
83. Menstrual Disorders (all) Sanjeevini
84. Migraine Sanjeevini
85. Miscarriage Sanjeevini
86. Multiple Sclerosis Sanjeevini
87. Mumps Sanjeevini
88. Muscular Dystrophy Sanjeevini
89. Numbness Sanjeevini
90. Obesity Sanjeevini
91. Pain Sanjeevini
92. Palpitations Sanjeevini
93. Paralysis Sanjeevini
94. Parkinsons Sanjeevini
95. Piles Sanjeevini
96. Pneumonia Sanjeevini
97. Pneumonic Plague Sanjeevini
98. Polio Sanjeevini
99. Polyps (all) Sanjeevini
100. Pregnancy Sanjeevini
101. Primary Complex Sanjeevini
102. Prolapsed Uterus Sanjeevini
103. Psoriasis & Itching Sanjeevini
104. Puberty (boys) Sanjeevini
105. Puberty (girls) Sanjeevini
106. Renal Failure Sanjeevini
107. Retardation (Mental) Sanjeevini
108. Retardation (Physical) Sanjeevini
109. Rheumatism/Arthritis/Gout
110. Scar & Scar Tissue Sanjeevini
111. Sciatica Sanjeevini
112. Septicaemia Sanjeevini
113. Shakti Sanjeevini
114. Shanti Sanjeevini
115. Shock Sanjeevini
116. Sinus & Cold Sanjeevini
117. Slipped Disc Sanjeevini
118. Sore Throat Sanjeevini
119. Speech Sanjeevini
120. Spondylitis Sanjeevini
121. Squint Eye Sanjeevini
122. Stones (gall bladder)
123. Stones (Kidney & U.T.)
124. Suffocation & Wheeze
125. Swelling Sanjeevini
126. Syphilis Sanjeevini
127. Tearing Eye Sanjeevini
128. Thought Management
129. Tinnitus Sanjeevini
130. Tonsilitis Sanjeevini
131. Tuberculosis Sanjeevini
132. Tumours & Growths (all types)
133. Typhoid Sanjeevini
134. Ulcer (all types) Sanjeevini
135. Urticaria Sanjeevini
136. Veins & Arteries Problems
137. Vision Sanjeevini
138. Vomiting Sanjeevini
139. Warts Sanjeevini
140. Water Retention Sanjeevini
Sanjeevini #3 (141-186 = Diseases) & Chinese Herbs #1

141. Whooping Cough Sanjeevini
142. Worms & Parasites (incl. fungus)
143. SAFE (Scars of Abuse, Fears Eradication)
144. Sleep Sanjeevini
145. Ahimsa (non violence)
146. Canine Distemper
147. Fungal Infection (all)
148. Herpes (simplex)
149. Osteoporosis
150. Scabies (incl. mange for animals)
151. Addictions - Alcohol Related
152. Addictions - Caffeine Related
153. Addictions - Nicotine Related
154. Addictions - Drugs Related
155. Anger Sanjeevini
156. Antitoxin - Heavy Metals
157. Antitoxin - Dental Fillings
158. Anxiety Sanjeevini
159. Better Memory Sanjeevini
160. Bone Disorders - (Growths)
161. Crohn's Disease Sanjeevini
162. Dandruff Sanjeevini
163. Dementia Sanjeevini
164. Dengue (all types) Sanjeevini
165. Depression Sanjeevini
166. Entities Sanjeevini
167. Examination Stress Sanjeevini
168. Fluorosis Sanjeevini
169. Forgiveness Sanjeevini
170. Hyperactivity Sanjeevini
171. Indecisiveness Sanjeevini
172. Leukaemia Sanjeevini
173. Meningitis Sanjeevini
174. Oxygenation Sanjeevini
175. PFBD (Peak & Feather Disease)
176. Phobias (Specific & Non-specific)
177. Poisoning (all types) Sanjeevini
178. Pre-menstrual Tension (PMT)
179. Resentment Sanjeevini
180. Schizophrenia Sanjeevini
181. Soil Rejuvenation Sanjeevini
182. Sweat Disorders Sanjeevini
183. Tetanus Sanjeevini
184. Ticks & Fleas (for animals)
185. Vaccine Antidote Sanjeevini
186. Vertigo Sanjeevini

Aloes, Hb [lu huil]
Alpiniae Katsumadai, S [cao dou kou]
Alpiniae Oficinali, Rz [gaoliang jiang-]
Alpiniae, Fr [yi zhi ren]
Amomi Cardamomii, Fr [bai dou kou]
Amydae, Carapax [bicia]
Anemarrhenae, Rz [zhimu]
Angelicae Sinensis, Rz [danggui-
Angelicae, Rz [bai zhi]
Antelopis, Cornu [ling yang jiao]
Aquilariae, Lignum [chen xiang-
Asari, Hb cum Radice [xi xin-
Borneol [jiangpian]
Bovis, Calceolis [niu huang]
Bupleuri, Rz [chai hu]
Buthus Martensi [quan xie-
Calcium [han shui shi
Calm Spirit, Nourish Heart
Cannabis, S [huo ma ren]
Caryophylli, Fl [dingxiang-
Cassiae Torae, S [jue ming zi]
Cephalanoplos Segeti, Hb [xiao ii
Cervi Parvum, Cornu [lu rong]
Cervi, Colla Cornu [lu jiao jiao-
Chelidonic Acid, Rz [mu gu-
Chrysantheni, Fl [lu hua-
Cibotii, Rz [gou ji-
Cicadae, Periostracum [chan tui
Cimicifugae, Rz [shengma
Cinnabaris [zhu sha
Cinnamomi Cassiae, Cx [rou gu-
Cinnamomi, Rml [gui zhi-
Cirsii Japonici, Hb seu Rx [da ji
Cistanches, Hb [rou cong rong
Citrulli Vulgæri, Pc [xinghao
Citrus Reticulatae Viride, Pc [jingpi
Citrus Reticulatae, Pc [chen pi
Citrus seu Ponciri, Fr (= Aurantii, Fr) [zhi
Citrus seu Ponciri Immaturus, Fr
Cordyceps Sinensis [dongchong xia cao
Corydalis, Rz [yan hu su

Chinese Herbs - #2

Croton Tiglii, S [badou]
Curculiginis Orchidis, Rz [xianna]
Curcumae Zedoariae, Rz [or: Zedoariae, Rz]
Curcumae, Rz [jianghuang]
Curcumae, Tuber [yu jin-]
Cuscutae, S [tu sizi]
Cynanchi, Rx [bai wei]
Cyperi, Rz [xiangfu]
Daphnes Genkwa, Fl [yuan hua-]
Dioscoreae Bulbiferae, Tuber [huang yao zi]
Dioscoreae Oppositae, Rx [shanya o]
Diospyros Kaki, Calyx [shi di]
Epimedi, HB [yi yang huo]
Ephedrae, HB [ma huang]
Glycyrrhizae, RX [gan cao]
Gypsium [shi gao-]
Haematitum [dai zhe shi]
Halotidis, Concha [shi jue ming]
Haliotidis, Concha [shi jue ming]
Harrystyum Rubrum [chi shi zhi-]
Hirudo seu Whitmaniae, HB [yu xing cao]
Indigo Pulveratae Levii [qing dai]
Jaciniae, Fl [juan hu jia-]
Jujubae [ban lan gen-]
Kochia Scopariae, Fr [di fuzi]
Lasiophaerae, Fructificatae [ma bo]
Ligustici Wallichi, Fr [fang feng-
Ligustri, Rz et FR [gao hen]
Lili, Bulbus [bai he]
Linderae, RX [wu wu]
Lonicerae Japonicae, Fl [jin yin huang]
Lophatheri, HB [dan zhu ye]
Loranthi seu Visci, Ramus [jiang shi]
Lumbricus [di long]
Lycii, Radicis, Cx [di gu pi]
Lycii, Fr [gou qizi]
Lygodii, Spora seu Hb [shi jue ming]
Magnoliae Liliflorae, Fr [xu hu jia-]
Magnoliae Officinalis, Cx [hou po]
Mantis, Squama [chuanshan jia]
Mantidis, Ootheca [sang piao xiao-]
Meliae Toosendan, Fr [chuan lan zi]
Menitae, HB [bo he]
Mirabilium [mang xiao-]
Mori Albae Radicis, Cx [xang pai]
Mori Albae, Rml [sang zhi-]
Mori, Fm [sang ye]
Morindae, Rx [sang zhi-]
Moschus, Secretum [she xiang-
Moutan Radicis, Cx [mu dan pi]
Mutong, Caulis [mu tong-]
Myristicae Fragrantis, S [rou dou kou]
Myrrha [mo yao]
Nelumbinis Nuciferae, Fm [hei ye]
Notopterygii, Rz et RX [qiang hu]

DONE

START
Chinese Herbs - #3

Oldenlandiae Diffusae, Hb [bai huashe she cao]
Olibanum, Gummi [yu xiang-]
Ophiopogonis, Tuber [mai men dong-]
Oryzae, S [jingmi]
Ostreae, Concha [mu li]
Panacis Quinquefolii, Rx [xiang shen-]
Papaveris Somniferi, Pc [ying su ke]
Perillae, Fm [zi suye]
Persicae, S [tao ren]
Peucedani, Rx [qian hu]
Pharbitidis, S [qianniu zi]
Phaseoli Calcarati, S [chi xiao dou]
Phelladendri, Cx [huang bai]
Pipercis Rutifolias, Rx [hai feng teng]
Piperis Nigri, Fr [hao jiao-]
Plantaginis, S [cheqian zi]
Polygala, Rx [yuan zhi]
Polygonati Odorati, Rz [yu zhong]
Polygonati, Rx [huang jing-]
Polygani Avicularis, Hb [bian xu]
Polygani Multiflori, Caulis [ye jiaoteng]
Polybori Umbellati, Sclerotium [zhuling]
Prunella, Spica [xia kucao]
Pruni Armeniacae, S [xing ren]
Pruni, S [yu li ren]
Pseudoginseng, Rz [jiang sheng]
Psoraleae, Fr [hu gu zhi-]
Puerariae, Rx [ge gen-]
Pulsatillae, Rz [bai tou weng-]
Quisqualis, Fr [shi junzi]
Raphani Sativa, S [lai fu zi]
Rehmanniae Glutinosae, Rz [sheng huang]
Rhei, Rz [da huan]
Rhi Chinensis, Galla [wu bei zi]
Rosae Laevigatae, Fr [jinyingzi]
Rubiae, Rx [qian cao gen-]
Saccharum Granorum [yi tang]
Salviae Miltiorrhizae, Rx [danshe]
Sanguisorbae, Rx [di yu]
Santali, Lignum [tan xiang-]

DONE

START
Elements found by Leadbeater, Besant, & Crookes

Actinium
Adyarium
Aluminium
Antimony
Argon
Arsenic
Barium
Beryllium
Bismuth
Boron
Bromine
Cadmium
Cadmium
Calcium
Carbon
Cerium
Chloride
Chromium
Cobalt
Columbium
Copper
Diamond
Dysprosium
Erbium
Europium

START

Fluorine
Gadolinium
Gallium
Germanium
Gold
Hafnium
Helium
Holmium
Ililium
Indium
Iodine
Iridium
Iron
Kalon
Krypton
Lanthanum
Lanthanum
Lead
Lithium
Lutecium
Magnesium
Manganese
Masurium
Mercury
Molybdenum
Neodymium

Neon
Nickel
Nitrogen
Occultium
Osmium
Phosphorus
Platinum
Plutonium
Polonium
Potassium
Praseodymium
Radon
Rhenium
Rhodium
Rubidium
Samarium
Scaridium
Selenium
Silver
Sodium
Strontium
Sulphur
Radium
Rhenium
Rhodium
Tantalum
Tellurium
Terbium
Thalium
Thorium
Thulium
Tin
Titanium
Tungsten
Uranium
Vanadium
Ytterbium
Yttrium
Xenon
Zinc
Zirconium
DONE

Homeopathy, Bach, Etc #1

Flower, Plant, & Sea Essences #1

Agrimony
Alum Root *
Ambergris
Anemone *Sea
Apple
Apple
Arbutus *
Ash
Aspen
Atropine
Ayahuasco Vine (Cancer)
Balsam of Sulphur
Banana
Barnacle *Sea
Beech
Black Sulphur
Blackberry
Blue Camas *
Blue Lupin *
Bluebell *
Broccoli
Brown Kelp *Sea
Buchu Leaves
Camellia *
Candystick *
Cauliflower
Celery
Centaury
Cerato
Chacruna (Cancer)
Cherry Plum
Chestnut Bud
Chickweed *
Chicory
Chiton *Sea
Chives
Cinnamon
Cola Leaf
Comfrey
Coral *Sea
Corn
Crab Apple
Cucumber
Dandelion
Death Camas *
Diatoms *Sea
Dill
Dolphin *Sea
Douglas Aster *
Elder
Eucalyptol
Fairy Bell *
Fig
Fireweed *
Forsythia *
Fuchsia *
Fuschia
Garlic
Gentian
Geranium
Goatsbeard *
Gorse
Grape Hyacinth *
Grass Widow *
Graviola (Cancer)
Guana
Harvest Lily *
Hazel
Heather
Hermit Crab *Sea
Heroin
Hibiscus
Holly
Honeysuckle
Hooker’s Onion *
Hornbeam
Impatiens
Indian Pipe *
Indian Turnip
Ivy
Jellyfish *Sea
Larch
Lemon
Lily of the Valley *
Lime
Mandrake
Marijuana
Mimulus
Mistletoe (Cancer)
Moon Snail *Sea
Morning Glory
Mulberry
Mussel *Sea
Mustard
Narcissus *
Nasturtium
Nettle

* indicates detailed information from Pacific Essences: “Energy Medicine.”
Nookta Rose *
Oak
Oil of Smoke
Okra
Olive
Onion
Orange Honeysuckle *
Oregon Grape
Ox-Eye Daisy *
Peach Tree Bark
Pearly Everlasting *
Periwinkle *
Pine
Pink Seaweed *Sea
Pipsissewa *
Plantain *
Poison Hemlock *
Polyanthus *
Poplar *
Prickly Ash Bark
Primula
Pumpkin
Purple Crocus *
Purple Magnolia *
Rabbit Skin (for Skin Cancer)

Rainbow Kelp *Sea
Raspberry
Red Chestnut
Red Huckleberry *
Rescue Remedy
Rhododendron
Rock Rose
Rock Water
Rowan
Salal *
Salmonberry *
Salvia
Sand Dollar *Sea
Sarsaparilla Root
Scleranthus
Sea Horse *Sea
Sea Lettuce *Sea
Sea Palm *Sea
Sea Turtle *Sea
Sea Urchin *Sea
Silver Birch *
Snap Pea
Snowberry *
Snowdrop *
Snowdrop *
Sponge *Sea

Staghorn Algae *Sea
Star of Bethlehem
Starfish *Sea
Summer Squash
Sweet Chestnut
Sweet Red Pepper
Tannic Acid
Terebene
Thorn
Tomato
Twin Flower *
Vanilla Leaf *
Vervain
Viburnum *
Vine
Walnut
Water Violet
Weigela *
Whale *Sea
White Chestnut
Wild Cherry Bark
Wild Ginger
Wild Oat
Wild Rose

Windflower *
Yellow Pond Lily *
Yellow Yarrow
Zinnia
Zucchini

Ask the ‘King of All Plants’

* indicates detailed information from Pacific Essences: “Energy Medicine”.
Proto-type: Blue Print of Genetic, etc. Healing

All vibrational patterns, essences, and energies to accomplish these tasks are to be sent by pulsing at the optimum potencies with True Holy Love, Namaste, by Radionic methods, subject to safety programs and without causing any unwanted or non-beneficial side effects and be continually in effect for the physical life of the Healee.

These changes are to be made with True Holy Love, Namaste, to all associated with the Healee’s Soul Group and Higher Levels of Being-ness, to be in effect in all aspects and for all times and all nows.

This is a proto-type of the actual ‘Blue Print’ attached to the Chakra Spiral Radionics Machine - the actual ‘Blue Print’ contains more items, and is updated from time to time.

All Repair and Maintenance Genes to be ON HIGH
Suppression of Tumours and Cancerous Growths to be ON HIGH
Influences from all Group Past Lives causing problems to be suppressed
Influences from all Ancestors causing problems to be suppressed
Influences from all Cellular Memories causing problems to be suppressed
Genes causing Obesity to be OFF
Genes causing Allergies to be OFF
Genes causing Addictions to be OFF
Genes causing Memory Loss to be OFF
Genes causing Brain Damage to be OFF
Genes causing Physical Degeneration to be OFF
Genes causing Mental Degeneration to be OFF
Genes causing Degeneration of any Senses to be OFF
Genes causing Poverty to be OFF
Genes injured by X-rays, etc. to be Repaired
Genes to make Vitamin C to be ON HIGH
Genes to make Vitamin D to be ON HIGH
Genes to make all other Vitamins to be ON HIGH
Genes to make all Amino Acids to be ON HIGH
Genes to make Bone Marrow to be ON HIGH
Genes to make Bone Repairs to be ON HIGH
Genes to implement Youth to be ON HIGH
Genes to implement Sexual Abilities to be ON HIGH
Genes to implement Prosperity to be ON HIGH
All Genetic Defects to be corrected NOW
Samskara to be Healed and taken to their rightful place
Attachments to be Healed and taken to their rightful place
Baby Souls to be Healed and taken to their rightful place
Possessing Entities to be Healed and taken to their rightful place
Protection to be placed against Possession, Samskara, Attachments
All Implants causing problems to be removed
All Imprints causing problems to be removed
All Blockages causing problems to be removed
All Obstructions causing problems to be removed
All Curses to be Healed and cancelled
All Bad Medicine to be Healed and cancelled
Protection to be placed against all Implants & Imprints
Protection to be placed against all Blockages & Obstructions
Protection to be placed against all Curses
Protection to be placed against all Bad Medicine
Soul Contracts to be Cancelled and be Voided
Soul Senses to be fully linked to Physical Senses
Angels not operating for the Highest And Best Good of the Healee to be Replaced
Guides not operating for the Highest And Best Good of the Healee to be Replaced
All Elementals in the Being to be Healed Good in a Good Way
All Hurters in the Being to be Healed Good in a Good Way
Heart to be in command of the Total Being in all ways and all nows
Total Being to Operate with True Holy Love, Namaste, in all ways and nows
### Application for Distant Healing

by the Healing Intuitives Group

| Present Name: | ........................................ | 
| Current Address: | ........................................ |
| Telephone: | ..................... | Cell: | .......................... |
| Email: | .............................. | Work Phone: | .......................... |
| Name at Birth: | ........................................ |
| Date of Birth: | ..................... | Place of Birth: | .......................... |

**Attach a Hair:**

**Small Blood Spot Here:**  
(Not essential, but preferred)

I, as described above, do hereby certify that:

- All the above data is correct and that the samples and photograph are of my own body.
- I understand that I myself must avoid harmful substances and must release and prevent any further occurrences of all hate, anger, envy, greed, selfishness, and other similar emotions, and that I must sincerely and honestly forgive all who I perceive have caused me any problems, as stated in the 'Forgiveness Statement' that I have read, failing which the Healings may not be effective.
- I do hold the Holistic Intuition Society, the Healers, and the Healing Intuitives Group blameless in all respects and at all times for any unwelcome change in my health.

(Signed): ........................................  
Date: ........................................

---

Distant Healing Manual  
Page 57  
Holistic Intuition Society  
© John Living, 2008
Application for Distant Healing
Details of Perceived Problems

Present Name: .................................................................

I learned about the Healing Intuitives Group from ..........................

I perceive that I currently have the following Health, Emotional and Other Problems:

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(Signed):................................................................. Date:

Forgiveness

The following statement is to be carefully read by you and then considered carefully.
If acceptable, ask your “Wisdom of my Being, the Wisdom of my Body, my Heart, and all that are involved in any way, to accept and implement this intention with True Holy Love, Namaste, to be effective in all my life at all times and in all circumstances” and then read it aloud three times to make it fully effective. You must be honest and sincere!

“I [name], with True Holy Love, Namaste, do hereby forgive all who have caused hurts, harm, problems, and emotional, mental, and spiritual traumas to me and to all or any in my families, communities, and associations. I forgive you completely in all ways and in all aspects, in all planes of existence, in all domains, and in all dimensions. Whatever has been caused is now in the past and is of no importance to me now and does not matter to me any more. I am now free of all such causes and their effects.”

“I [name] do humbly and sincerely apologize for all the hurts, harm, problems, and emotional, mental, and spiritual traumas that I have caused to all life forms, including all that were knowingly or unknowingly, intentionally or unintentionally caused, in all my life including all past lives of myself and all in my Soul families.”

“I [name] do humbly and sincerely ask forgiveness for all the hurts, harm, problems, and emotional, mental, and spiritual traumas that I have caused to all life forms, including all that were knowingly or unknowingly, intentionally or unintentionally caused, in all my life including all past lives of myself and all in my Soul families.”

“I [name] do humbly and sincerely ask Angelic help to Heal, clear, and remove from my total Being all emotional triggers attached or linked to my cellular, aural, and other memories of all these hurts, harm, problems, and traumas, and to keep me so free of non-beneficial emotional triggers in all nows and at all times.”

“I [name], with True Holy Love, Namaste, do hereby bring back to me all Energies and Soul parts that have left me or been lost in any way, except those that I have sent to be and are beneficial to others, and do humbly and sincerely ask Angelic help to Heal them with True Holy Love, Namaste, so that they can be in their rightful place”.

“I [name], with True Holy Love, Namaste, do hereby release all non-beneficial Energies and Soul parts that have come to me in any way and for any reason, and do humbly and sincerely ask Angelic help to Heal them with True Holy Love, Namaste, and take them to be in their rightful place”.

“I [name] do humbly and sincerely send my Love, Gratitude, and Thanks with True Holy Love, Namaste, to all who so help and assist me in this forgiveness.”

True Holy Love, Namaste
I see in you myself; I recognize in you my image;
I will do my best to help you in your life,
With good intent and without hurt or harm to any,
Without expectation of reward,
Just because I know it is the best way ‘To Be’.
Life Review

One of the biggest changes in my life came after I realized that instead of waiting to die before having to do a 'Life Review', I could do it now - and benefit now!

As I was going to bed, I made an affirmation: "As I go to sleep, I will go through my life to review and correct all the 'not good' actions that I have taken, doing so with True Holy Love, Namaste, going backwards in time to each and every moment in my life".

I would suddenly be thinking of a situation; in most cases I would start by believing that all I did was good - so why bring this up? Then I would think "How was this seen from the view of others who were involved?" and realize that I had been at fault! This is the old adage of 'putting yourself in someone else's shoes', of 'wearing the moccasins of the other person'.

It is best to undertake to do what can be done to correct the actual situation; but in most cases the action had occurred many years past, and there was little that I could do now in the physical world.

So I then stated my apology and asked forgiveness; in some instances there were further points that I had missed, so these were then repeated in my mind, so that these could be cleared as well. As soon as this was completed, another situation would be brought to mind, and the process repeated.

This continued backwards in time until I reached babyhood. The good things that I had accomplished were not included - so ego was 'kept at bay'. I did not go further back, to any past lives - but this would not be without gain, if appropriate.

For me the process took two nights - but from that time onwards I felt to be a very different person! It was certainly a most worthwhile exercise, which I recommend to everybody.

To help in this, I have written the following program - which you can use as a guide. Some aspects are explained later.

Healing the Total Being Program

'We ask all parts of our Being, in all dimensions and in all our auric levels, to be open to good suggestions, and that our belief systems do not block our progress. In all creation, in all heavens - all hypnosis is ended; we are free of all hypnosis, and now able to exercise our own free will.

A good team leader identifies the problem, get suggestions from the team about needed actions, places these in context, and develops a plan of action, and persuades all concerned that it is to their benefit to take the required action, which they have helped to select.

We now ask all the parts of our Being, all the members of our team, to consider how their present actions affect the overall performance and well being of our total Being.

We ask all to regress together, day by day and year by year, to when they were formed - and to suggest the changes that they need to make to ensure that they all have a positive influence in re-forming as a really good team, with all members doing their correct job to help our total Being for the Highest and Best Good of All.

We go back together, year by year, stopping at events that had a major impact on our lives - to re-assess our understandings of these events with our present knowledge, and decide any changes that are needed.

We accept the responsibility for our actions, apologizing for thoughts and actions that hurt others, asking to be forgiven, and forgiving those that hurt us - perhaps they taught us a lesson and should be thanked!
We have personal and ancestral memories of events that cause problems with our understanding of our Beingness and how we react to situations and occurrences. We now change our memories of the events to eliminate all such detrimental attributes so that our reactions result in beneficial behaviour, and change the memories of our cells and of our muscular systems to eliminate all memory of hurts and pains.

Thoughts that we sent to others are part of our own ‘Energy Being’ - we bring them home so that we again become complete. We send the thoughts of others back to them with True Holy Love - so that those others can be complete, and to prevent any interference with our team.

Influences from past lives of ourselves and others may have joined with us to seek recognition and Healing; perhaps some ‘not good energies’ entered into our being; in some cases we may have been ‘possessed’ by others; it may be that Soul parts of others have entered our Being. These are ‘not wanted on voyage’ and must now leave - so in True Holy Love, Namaste, we ask The System’ that they be taken ‘into the Light to be Healed with True Holy Love, Namaste, in the way that is best for All Creation’.

We go back together to our youth, to our childhood, to our infancy, to before our birth, to before our conception - learning all lessons as we regress, and releasing all emotional triggers.

Before we came into this world we may have made ‘Soul Contracts’ as a result of karma or to work with others to overcome problems, to learn lessons, and to achieve success in missions. We send Healing with True Holy Love, Namaste, to all involved in such karma and Soul Contracts.

Some of these ‘Soul Contracts’ may have been forced on us, been not for our Highest and Best Good, may involve causing harm to others, or not be applicable to our present circumstances.

We now cancel and void all ‘Soul Contracts’ and other influences, including those from any other existence of any life form, which are not now for our Highest and Best Good or could cause harm to others.

Let our total Being be cleansed by the Violet Flame, Healed by all needed colours of Light, and protected by layers of Good Gold and Good Silver Light.

Our development may be such that we can now be entrusted with new missions for Good - we check and accept those that we know we can achieve.

Let all needed Healing be given in True and Holy Love to our Spirit, Higher Self, Lower Self, Soul, and other levels of Beingness involved with us even without our conscious knowledge, and be given to all their associates and in their families.

Let all our guides and other helpers always act in the Highest and Best Good of our Being and of All Creation, and that any who act otherwise be immediately removed and Healed in the way that is best for All Creation.

If it be in the Highest and Best Good of ourselves and of All Creation then:

1. Let all constraints on our use of our Soul Senses be removed and that these be fully co-ordinated with our physical senses, let us have full access to all knowledge that will help us in our life, and let our whole Being always be kept free of damage, balanced, and fully operational in all aspects and in all dimensions - so that we are best able to accomplish the tasks given to us, always acting in True Holy Love. This is to include all our Chakras, glands, organs, meridians, grids, assemblage point, auric bodies, personal information fields, and other systems.
2. If any influences have mis-aligned our cells (or any other part of us) let this now be corrected, let all of us align with the 'Master Cell'. Let all of our cells always spiral good and be in communication with the 'Wisdom of our Body'. Let any of our genes that have been damaged be repaired, and all our repair and maintenance genes be made fully operational.

3. For all time to come let all our reactions to others be in Harmony and True Holy Love, and our intuitive abilities be fully operational including the removal of all blockages - by altering genes or by any other method, without causing any effects that are not beneficial to our Being or that cause any hurt or harm to others.

4. Let all hooks and cords that we have used to link to others, and all that have been placed in our Being by others, be removed. Let all implants, all imprints, all control devices, all interference, all thought forms, and all that has been sent to us without True Holy Love be removed. Let protection be placed to prevent any re-installation of these or similar things that are not beneficial to our Beingness.

We now pledge to operate at all times, in all ways, and in all aspects to help others with good intent for the highest and best good of all - to so operate in True Holy Love, Namaste.

All changes are to be for the Highest and Best Good of our Being and of All Creation, and be effective in all planes of existence, in all dimensions, in all domains, in all times, and in all ‘nows’.

In all cases our cellular memories are to be adjusted accordingly, and changes in genes are to be imprinted in all genes and re-imprinted as needed.

Now we all agree to come together again in Harmony and True Holy Love, making sure that our Spirit, Soul, Ego, Higher Self, Lower Self, Conscious Self, Sub-conscious Self, Unconscious Self, and Non-conscious Self and all other parts of our Being are doing their correct jobs as members of the team, adjusting our intentions and our ways so that they are compatible with working together as a well co-ordinated team for the Highest and Best Good of our Being and of All Creation.

We come back to conception, to before our birth, to our infancy, to our childhood, to our youth, to being an adult - always stopping at events which had a major impact on our belief systems and memories, and taking the needed time to put these into a correct perspective according to our current knowledge.

We now ask that screens of the required dimensions of good gold and of all other needed colours be placed with True Holy Love within and around our Being, to protect and guard against all energies that are not in the Highest and Best Good of our Being or of All Creation for all our life, and to Heal all such energies in the way that is best for All Creation.

End of program. Thanks.’

Having read the 'Healing the Total Being' program, now check with your Intuition (through your Heart) that it is clear, non-contradictory, and without errors. Make any changes that are indicated, and re-check.

Ask permission to install the program; if granted, ask that it be installed now; check if the installation has been successful and without error - and then run the program on yourself.

Expect that this program will take a few days (and nights) to run and do the needed Healing - depending on the amount of corrective action to be taken. The key is to sincerely desire the corrections to be made and to be open to accepting the errors that you have made.

We all make many mistakes - what is important is to recognize our errors, apologize for harm that we caused (to ourselves and others), forgive others involved, understand the lessons that we can learn from our mistakes - and learn those lessons, so we do not have to repeat our errors!
We have got rid of a lot of old rubbish, of junk discarded by others; we have had all treacherous ground removed; we have taken the topsoil out of the way, so that it is not buried but can be re-used in our new and improved garden.

Our foundation has been corrected, and the building of our life improved. As we continue, we must always remember that we are responsible for whatever we do.

This includes all actions which are indicated by our Intuition, Guides, or other helpers. Are these genuinely beneficial?

One of the purposes of life may be to experience situations which give choices of action. If we believe that some action is wrong, that it would cause harm to others, we alone take full responsibility for that action.

We all make mistakes, however, and these are acceptable if we act with good intent, and learn all lessons from reconsidering the actions that we take - we can then forgive ourselves for mistakes made with good intent.

**Joy and Happiness**

We tend to try to see the good in the people that we meet - to give them the benefit of our doubt. But when we become more aware of them, we become conscious of their faults.

The person that we know best is our own self! And we are well aware of our own faults!

So when we think of our own self we are usually bringing our own faults into prominence - and that makes us sad and unhappy!

The key to joy and happiness is to think of others - not in a critical way, but of how we can use our abilities to help others. Not for our own benefit, but because it is the ‘best way to Be’. Help them to have a good life, to operate themselves to help others.

This does not mean giving material help, unless in exceptional circumstances. There are many wealthy people who are sad and unhappy - and many poor people that are full of joy and happiness.

This is not any religious attitude - trying to stuff your own religious views down the throat of others is completely counter-productive!

Teach by example: “Do as I Do” - not “Do as I say”.
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| None that cause Problems |            |
## Distant Healing Manual

### Master Record Page 2

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None that cause Problems

**Master Record Page 3**

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<td>Pranic Energy</td>
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<tr>
<td>Vitality Index</td>
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<tr>
<td>Energy System - Chakras</td>
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<tr>
<td>Energy System - Glands</td>
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<tr>
<td>Energy System - Hara</td>
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<tr>
<td>Etheric Status (see note)</td>
<td></td>
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<td></td>
<td></td>
<td></td>
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</tr>
</tbody>
</table>

**Inner Child** - Baby
- Toddler
- Preschool
- School Age
- Puberty

**Notes:**
- Ask 'The System' to adjust these now to be operating correctly.
- Meridians and Points: These are done at the end since the problems involved need to be identified first - these will be identified as malfunctions associated with Chakras, etc.
- Etheric Status: Considering congestion, any overstimulation, and co-ordination with the Physical & Astral Bodies.

The Healee needs to be told of any Inner Child work that is needed to be done with specialists.

**Too Little**
- 1: Good
- 2: Fair
- 3: Poor
- 4: Bad
- 5: Severe
- 6: Critical

**Too Much**
- 1: Good
- 2: Fair
- 3: Poor
- 4: Bad
- 5: Severe
- 6: Critical
TouchStones send with True Holy Love, Namaste and the Intent to Heal Good in a Good Way, the colours, vibrationary patterns, and harmonics as indicated a line drawn FROM the stone TO an arrowhead where needed, both found by Dowsing; in addition all are available as required for Healing by the Wisdom of the Being of the Healer. They may be pulsed, the frequency of pulses, duration and intensity to be as needed for perfect good health without any unwanted side effects or actions that are non-beneficial or cause harm or hurting. Then sealed and stabilized with Light Bluish White and White Light & any other needed protection.

**TouchStones**

<table>
<thead>
<tr>
<th>Name</th>
<th>Date of Birth</th>
<th>PostCode</th>
<th>Operator</th>
<th>Touch Stones</th>
<th>Hi &amp; Aumakua</th>
</tr>
</thead>
<tbody>
<tr>
<td>High Aumakua</td>
<td></td>
<td></td>
<td></td>
<td>Aumakua</td>
<td>High of Soul Group</td>
</tr>
<tr>
<td>Souls in Soul Group &amp; Cluster</td>
<td></td>
<td></td>
<td></td>
<td>Wisdom of the Being</td>
<td></td>
</tr>
</tbody>
</table>

- Red
- Orange
- Yellow
- Green
- Blue
- Indigo
- Violet
- White
- Rip.Lavender
- Emerald
- Rip. Aqua
- Rainbow
- Black
- Rip Sky Blue
### Exorcism #1

**Name** .................................................................

**Nature of Possession** .................................................................

**Date of Birth** ............... **PostCode** ..........

**Operator** ................................. .................................

**Date** .................................

Use your Handy Chart or a Percentage / Counting Chart to obtain numbers needed:

<table>
<thead>
<tr>
<th>Type of Possessing Entity</th>
<th>Start</th>
<th>End</th>
<th>Week</th>
<th>Month</th>
<th>Quarter</th>
</tr>
</thead>
<tbody>
<tr>
<td>'Kills for Pleasure' level:</td>
<td>.......</td>
<td>.......</td>
<td>.......</td>
<td>.......</td>
<td>.......</td>
</tr>
<tr>
<td>'Kills Little Provocation' level:</td>
<td>.......</td>
<td>.......</td>
<td>.......</td>
<td>.......</td>
<td>.......</td>
</tr>
<tr>
<td>'Dangerous Criminal' level:</td>
<td>.......</td>
<td>.......</td>
<td>.......</td>
<td>.......</td>
<td>.......</td>
</tr>
<tr>
<td>'Wife Beater / Robber' level:</td>
<td>.......</td>
<td>.......</td>
<td>.......</td>
<td>.......</td>
<td>.......</td>
</tr>
<tr>
<td>'Basically Dishonest / Shoplifter' level:</td>
<td>.......</td>
<td>.......</td>
<td>.......</td>
<td>.......</td>
<td>.......</td>
</tr>
<tr>
<td>'Little Concern for Truth' level:</td>
<td>.......</td>
<td>.......</td>
<td>.......</td>
<td>.......</td>
<td>.......</td>
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<tr>
<td>'Normally Balanced' level:</td>
<td>.......</td>
<td>.......</td>
<td>.......</td>
<td>.......</td>
<td>.......</td>
</tr>
<tr>
<td>'Broad Thinking and Stable' level:</td>
<td>.......</td>
<td>.......</td>
<td>.......</td>
<td>.......</td>
<td>.......</td>
</tr>
<tr>
<td>'Great Wisdom / Mystic' level:</td>
<td>.......</td>
<td>.......</td>
<td>.......</td>
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<td>.......</td>
</tr>
<tr>
<td>'Firm Ideas / Evangelist' level:</td>
<td>.......</td>
<td>.......</td>
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<td>.......</td>
</tr>
<tr>
<td>'Inflexible / Intolerant' level:</td>
<td>.......</td>
<td>.......</td>
<td>.......</td>
<td>.......</td>
<td>.......</td>
</tr>
<tr>
<td>'Unrelenting / Unforgiving' level:</td>
<td>.......</td>
<td>.......</td>
<td>.......</td>
<td>.......</td>
<td>.......</td>
</tr>
<tr>
<td>'Crusader - Kill, it is God's Will' level:</td>
<td>.......</td>
<td>.......</td>
<td>.......</td>
<td>.......</td>
<td>.......</td>
</tr>
</tbody>
</table>

**Effects**:

- **Total**

  - Drug, Alcohol, other addictions:
  - Mental or Spiritual Ill Health:
  - Physical Ill Health:
  - Beneficial:

**Sources**:

- **Total**

  - ‘Baby Soul’:
  - Other Family:
  - Hospital or Clinic:
  - Parties, Drink Establishments:
  - Other: (Workplace, Homes)

**Total**

---

### Exorcism #2

**Name** .........................................................

**Influences**

**Date of Birth** .......... **PostCode** ..........

**Operator** .......... **Date** ..........

*Use your Handy Chart or a Percentage / Counting Chart to obtain numbers needed:*

<table>
<thead>
<tr>
<th>Type of Influence</th>
<th>Start</th>
<th>End</th>
<th>Week</th>
<th>Month</th>
<th>Quarter</th>
</tr>
</thead>
<tbody>
<tr>
<td>Spirit Associated with Home:</td>
<td>......</td>
<td>......</td>
<td>......</td>
<td>......</td>
<td>......</td>
</tr>
<tr>
<td>Spirit Associated with Workplace/School:</td>
<td>......</td>
<td>......</td>
<td>......</td>
<td>......</td>
<td>......</td>
</tr>
<tr>
<td>Hexes or Curses on Person:</td>
<td>......</td>
<td>......</td>
<td>......</td>
<td>......</td>
<td>......</td>
</tr>
<tr>
<td>Hexes or Curses on Home:</td>
<td>......</td>
<td>......</td>
<td>......</td>
<td>......</td>
<td>......</td>
</tr>
<tr>
<td>Hexes or Curses on Workplace:</td>
<td>......</td>
<td>......</td>
<td>......</td>
<td>......</td>
<td>......</td>
</tr>
<tr>
<td>Non-beneficial Thoughts - Self-inflicted:</td>
<td>......</td>
<td>......</td>
<td>......</td>
<td>......</td>
<td>......</td>
</tr>
<tr>
<td>Non-beneficial Thoughts - from Family:</td>
<td>......</td>
<td>......</td>
<td>......</td>
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<td>......</td>
</tr>
<tr>
<td>Non-beneficial Thoughts - Church, etc</td>
<td>......</td>
<td>......</td>
<td>......</td>
<td>......</td>
<td>......</td>
</tr>
<tr>
<td>Non-beneficial Thoughts - Associates:</td>
<td>......</td>
<td>......</td>
<td>......</td>
<td>......</td>
<td>......</td>
</tr>
<tr>
<td>Non-beneficial Thoughts - Workplace:</td>
<td>......</td>
<td>......</td>
<td>......</td>
<td>......</td>
<td>......</td>
</tr>
<tr>
<td>Negative Sub-Conscious Programs:</td>
<td>......</td>
<td>......</td>
<td>......</td>
<td>......</td>
<td>......</td>
</tr>
<tr>
<td>Effects of Abuse:</td>
<td>......</td>
<td>......</td>
<td>......</td>
<td>......</td>
<td>......</td>
</tr>
<tr>
<td>Lost / Hiding Soul Pieces:</td>
<td>......</td>
<td>......</td>
<td>......</td>
<td>......</td>
<td>......</td>
</tr>
<tr>
<td>Non-beneficial Habits:</td>
<td>......</td>
<td>......</td>
<td>......</td>
<td>......</td>
<td>......</td>
</tr>
</tbody>
</table>

When dealing with possession and/or influences **do not get involved personally**.

Ask ‘The System’ and/or the ‘Love Namaste Healing Team’ “Is ‘The System’ **able to clear all possessing life forms from (name) and take them to be Healed ?**” and if so, “Is ‘The System’ **willing to do this now ?**”

If YES, then I hold my Pendulum over my left hand (as my Handy Chart for percentage completion) and watch it make swings from 0% to 100%; when it reaches 100% it may start again on another aspect of the same task or on another possessing life form. When it stays at 100% (or at a lesser level) ask if any more work is needed, and if so, when.

Check “Is (name) now clear of all possessing life forms ?” You may have to do this for the various types of possessions, Samskaras, lost Souls (or pieces), and non-beneficial influences. Expect most such Healing action to be substantially complete in about a week.

Additional help is given via the ‘Blue Print’ pages linked to the Radionic broadcast system.
Touch Stones send with True Holy Love, Namaste and the Intent to Heal Good in a Good Way, the colours, vibrationary patterns, and harmonics as indicated a line drawn FROM the stone TO an arrowhead where needed, both found by Dowsing; in addition all are available as required for Healing by the Wisdom of the Being of the Healer. They may be pulsed, the frequency of pulses, duration and intensity to be as needed for perfect good health without any unwanted side effects or actions that are non-beneficial or cause harm or hurting. Then sealed and stabilized with Light Bluish White and White Light & any other needed protection.

**Energy System - Vitality**

**Order of Operation:** Vitality Index, Overall Prana, Spleen, Pranic Triangle, then Chakras (Root to Crown) - on next page.

<table>
<thead>
<tr>
<th>Vitality Index Start:</th>
<th>. . . .</th>
</tr>
</thead>
<tbody>
<tr>
<td>Vyana (Total Energy) %</td>
<td>. . .</td>
</tr>
<tr>
<td>Upana (Crown-Nose) %</td>
<td>. . .</td>
</tr>
<tr>
<td>Prana ((Nose-Heart) %</td>
<td>. . .</td>
</tr>
<tr>
<td>Samana (Heart-Solar)%</td>
<td>. . .</td>
</tr>
<tr>
<td>Apana (Solar-Feet) %</td>
<td>. . .</td>
</tr>
</tbody>
</table>

**Coding:** (for all Chakras)

- $xx\%E$ Overall Efficiency
- $xx\%O$ Percentage Open

If problems, add:

- T or H Tears or Holes
- B or M Block or Malfuntion
- in or out Suffix: describe B/M
- D Reversed Direction
- S Incorrect Speed

**Vitality Index Finish** . . . . . . .

**Spleen Chakra**

**The Pranic Triangle**

**Pranic Triangle**

**Energy System - Vitality**

**Order of Operation:** Vitality Index, Overall Prana, Spleen, Pranic Triangle, then Chakras (Root to Crown) - on next page.

<table>
<thead>
<tr>
<th>Vitality Index Start:</th>
<th>. . . .</th>
</tr>
</thead>
<tbody>
<tr>
<td>Vyana (Total Energy) %</td>
<td>. . .</td>
</tr>
<tr>
<td>Upana (Crown-Nose) %</td>
<td>. . .</td>
</tr>
<tr>
<td>Prana ((Nose-Heart) %</td>
<td>. . .</td>
</tr>
<tr>
<td>Samana (Heart-Solar)%</td>
<td>. . .</td>
</tr>
<tr>
<td>Apana (Solar-Feet) %</td>
<td>. . .</td>
</tr>
</tbody>
</table>

**Coding:** (for all Chakras)

- $xx\%E$ Overall Efficiency
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If problems, add:

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- S Incorrect Speed

**Vitality Index Finish** . . . . . . .

**Spleen Chakra**

**The Pranic Triangle**

**Pranic Triangle**

**Energy System - Vitality**

**Order of Operation:** Vitality Index, Overall Prana, Spleen, Pranic Triangle, then Chakras (Root to Crown) - on next page.

<table>
<thead>
<tr>
<th>Vitality Index Start:</th>
<th>. . . .</th>
</tr>
</thead>
<tbody>
<tr>
<td>Vyana (Total Energy) %</td>
<td>. . .</td>
</tr>
<tr>
<td>Upana (Crown-Nose) %</td>
<td>. . .</td>
</tr>
<tr>
<td>Prana ((Nose-Heart) %</td>
<td>. . .</td>
</tr>
<tr>
<td>Samana (Heart-Solar)%</td>
<td>. . .</td>
</tr>
<tr>
<td>Apana (Solar-Feet) %</td>
<td>. . .</td>
</tr>
</tbody>
</table>

**Coding:** (for all Chakras)

- $xx\%E$ Overall Efficiency
- $xx\%O$ Percentage Open

If problems, add:

- T or H Tears or Holes
- B or M Block or Malfuntion
- in or out Suffix: describe B/M
- D Reversed Direction
- S Incorrect Speed

**Vitality Index Finish** . . . . . . .
TouchStones send with True Holy Love, Namaste and the Intent to Heal Good in a Good Way, the colours, vibrationary patterns, and harmonics as indicated a line drawn FROM the stone TO an arrowhead where needed, both found by Dowsing; in addition all are available as required for Healing by the Wisdom of the Being of the Healee. They may be pulsed, the frequency of pulses, duration and intensity to be as needed for perfect good health without any unwanted side effects or actions that are non-beneficial or cause harm or hurting. Then sealed and stabilized with Light Bluish White and White Light & any other needed protection.

Energy System  Main Chakras

- Top
- Back
- Front
- Top

Red
Orange
Yellow
Green
Blue
Indigo
Violet

Energy System

Touchstones send with True Holy Love, Namaste and the Intent to Heal Good in a Good Way, the colours, vibrationary patterns, and harmonics as indicated a line drawn FROM the stone TO an arrowhead where needed, both found by Dowsing; in addition all are available as required for Healing by the Wisdom of the Being of the Healer. They may be pulsed, the frequency of pulses, duration and intensity to be as needed for perfect good health without any unwanted side effects or actions that are non-beneficial or cause harm or hurting. Then sealed and stabilized with Light Bluish White and White Light & any other needed protection.

**Energy System**

<table>
<thead>
<tr>
<th>Red</th>
<th>Silver</th>
</tr>
</thead>
<tbody>
<tr>
<td>Orange</td>
<td>Copper</td>
</tr>
<tr>
<td>Yellow</td>
<td>Gold</td>
</tr>
<tr>
<td>Green</td>
<td>Blue Violet</td>
</tr>
<tr>
<td>Blue</td>
<td>Magenta</td>
</tr>
<tr>
<td>Indigo</td>
<td>Rip Amber</td>
</tr>
<tr>
<td>Violet</td>
<td>Rip Turquoise</td>
</tr>
</tbody>
</table>

**Endocrine Glands**

<table>
<thead>
<tr>
<th>Major Endocrine Glands</th>
<th>Male</th>
<th>Female</th>
</tr>
</thead>
<tbody>
<tr>
<td>Pituitary gland</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Pineal gland</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Thyroid gland</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Thymus</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Adrenal gland</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Pancreas</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Ovary</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Testis</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

Rainbow

White

Rip Lavender

Emerald

Rip Aqua

Rainbow

Black

Rip Sky Blue

**Energy System - Hara Line**

**Individuation Point**
About 3½ Feet above Head
Cone max. Diam 1/3”
“Direct connection to Godhead”
**Problems:**
- Distorted
- Clogged

**Soul Seat**
Source of diffused Light
- radiating in all directions
**Problems:**
- Shrouded by Dark Energy
  (often due to mourning)

**Tan Tien**
About 2½” below Navel
Connects to “Power Source Of the Mother Earth”.
Used in Martial Arts.
**Problems:**
- Position Incorrect
- Misshapen
- Twisted
- Blown Open
- Obstructed

**Centre of Earth’s Core**
“Direct connection to Gaia”

---

**Condition Coding:**
- xx%E Overall Efficiency
- xx%O Percentage Open
If problems, add:
Highlighted Letter as Listed

**Note:** The Inner Circle of the Crown Chakra on the Kundalini Line may also be on the Hara Line - Covered as part of the Crown Chakra.

**Hara Line Itself**
Laser-like 12 strands of Light
(confused with 12 strand DNA?)
**Problems:**
- Kinked
- Broken
- Tangled
- Misaligned

**Grounding Chakra**
(per Diane Stein)
**Problems:**
- Missing
Healing is sent with True Holy Love, Namaste and the Intent to Heal Good in a Good Way as required for Healing by the Wisdom of the Being of the Healee. It may be pulsed, the frequency of pulses, duration and intensity to be as needed for perfect good health without any unwanted side effects or actions that are non-beneficial or cause harm or hurting. Then sealed and stabilized with Light Bluish White and White Light & any other needed protection.

For more details see ‘The Catalyst of Power’ and ‘Naked Spirit - The Supernatural Odyssey’ by Dr Jonathan Whale (www.whalemdeical.com/ap1.html)
Use your Pendulum to trace the outline of the main Aura, noting any irregularities. Check for thinness, tears, holes, ‘aport holes’ used by non-beneficial other dimensional life forms, and deposits of stale or dark energy. Be aware of your Intuitive Guidance re causes. Heal these with your Pendulum, and then check if any TouchStone Light energy is needed - if so, direct it where needed.

AURA OF BODY - FRONT VIEW

Check for tumours, cancer, growths, etc. bone breaks, marrow problems, leukemia.
Use your Pendulum to trace the outline of the main Aura, noting any irregularities. Check for thinness, tears, holes, ‘aport holes’ used by non-beneficial other dimensional life forms, and deposits of stale or dark energy. Be aware of your Intuitive Guidance reasons. Heal these with your Pendulum, and then check if any TouchStone Light energy is needed - if so, direct it where needed.

**AURA OF BODY - BACK VIEW**

Check for tumours, cancer, growths, etc. bone breaks, marrow problems, leukemia.
Use your Pendulum to trace the outline of the main Aura, noting any irregularities. Check for thinness, tears, holes, ‘aport holes’ used by non-beneficial other dimensional life forms, and deposits of stale or dark energy. Be aware of your Intuitive Guidance re causes. Heal these with your Pendulum, and then check if any TouchStone Light energy is needed - if so, direct it where needed.

**AURA OF BODY - SIDE VIEWS**

- **Check for tumours, cancer, growths, etc.**
- **bone breaks, marrow problems, leukemia.**
TouchStones can send with True Holy Love, Namaste and the Intent to Heal Good in a Good Way, the colours, vibrationary patterns, and harmonies as indicated a line drawn FROM the stone TO an arrowhead where needed, both found by Dowsing; in addition all are available as required for Healing by the Wisdom of the Being of the Healer. They may be pulsed, the frequency of pulses, duration and intensity to be as needed for perfect Good health without any unwanted side effects or actions that are non-beneficial or cause harm or hurting. Then sealed and stabilized with Light Bluish White and White Light & any other needed protection.

**Condition of Organs**
**Enter value 0 - 6**
Evaluate, do Healing with your Pendulum using a pointer if needed, Add Colours, Re-evaluate

<table>
<thead>
<tr>
<th>Condition of Organs</th>
<th>TouchStones For Organs</th>
</tr>
</thead>
<tbody>
<tr>
<td>Eyes</td>
<td></td>
</tr>
<tr>
<td>Ears</td>
<td></td>
</tr>
<tr>
<td>Throat</td>
<td></td>
</tr>
<tr>
<td>Lung R</td>
<td></td>
</tr>
<tr>
<td>Lung L</td>
<td></td>
</tr>
<tr>
<td>Heart</td>
<td></td>
</tr>
<tr>
<td>Liver</td>
<td></td>
</tr>
<tr>
<td>Spleen</td>
<td></td>
</tr>
<tr>
<td>Kidney R</td>
<td></td>
</tr>
<tr>
<td>Kidney L</td>
<td></td>
</tr>
<tr>
<td>Stomach</td>
<td></td>
</tr>
<tr>
<td>Appendix</td>
<td></td>
</tr>
<tr>
<td>Genitals</td>
<td></td>
</tr>
<tr>
<td>Spine see p.81</td>
<td></td>
</tr>
</tbody>
</table>

**Start** | **End**
---|---
G | G
Lv | S
K | K
A | Stmch

0=Excellent 1=Good 2=Fair 3=Poor 4=Bad 5=Severe 6=Critical
Name

Date of Birth

Post Code

Operator

Date

‘Lulu’ & TouchStones - Skeleton

Start at the top of the spine, point to the various bones and ask: “Are all the energy fields in proper alignment?” Or ask Your Pendulum to point to areas needing Healing. Use Your Pendulum to extract problems and then input Healing. Perhaps Leukemia?

Next check which direction is to be tapped, then the number of taps. Now place the eraser end of an unsharpened pencil at the point indicated and give the needed gentle taps. Check if now OK.

When tapping is completed, check if any TouchStone colours are needed - if so, then apply them.

Large laminated Lulu charts, based on the techniques developed by Hanna Kroeger, are available from:

Sandy <earthele@flagstaff.az.us>
For skeleton problems such as mis-alignment in vertebrae you can dowse where help should be applied, in which direction it should be given, and the number of taps required. Now place the eraser end of a wooden pencil at the point indicated and give it the number of gentle taps in the correct direction - all as you found by dowising. Then check and apply any TouchStone colours needed.
### TouchStones For Teeth - Right Side

Point to the various teeth, etc. and use Your Pendulum to extract problems and then input Healing. Then check for TouchStones.

<table>
<thead>
<tr>
<th>Heart, Small Int., Circulation/Sex, Triple Warmer</th>
<th>Stomach Pancreas</th>
<th>Lung Large Intestine</th>
<th>Liver Gallbladder</th>
<th>Kidney Bladder</th>
</tr>
</thead>
<tbody>
<tr>
<td>Right: Shoulder, elbow, hand (ulnar) sacroiliac, foot, toes, Middle Ear. Right heart, Rt. Duodenum, terminal ileum. CNS. Antiputative</td>
<td>Right Shoulder, elbow, hand (radial), Sacroiliac, foot, toes, Middle Ear. Right heart, Rt. Duodenum, terminal ileum. CNS.</td>
<td>Right Shoulder, elbow, hand (radial), Sacroiliac, foot, toes, Middle Ear. Right heart, Rt. Duodenum, terminal ileum. CNS.</td>
<td>Right Shoulder, elbow, hand (radial), Sacroiliac, foot, toes, Middle Ear. Right heart, Rt. Duodenum, terminal ileum. CNS.</td>
<td>Right Shoulder, elbow, hand (radial), Sacroiliac, foot, toes, Middle Ear. Right heart, Rt. Duodenum, terminal ileum. CNS.</td>
</tr>
<tr>
<td>1</td>
<td>2</td>
<td>3</td>
<td>4</td>
<td>5</td>
</tr>
<tr>
<td>32</td>
<td>31</td>
<td>30</td>
<td>29</td>
<td>28</td>
</tr>
</tbody>
</table>

← Back of Mouth, Right Side → Front Centre of Mouth →

- **Red**
- **Orange**
- **Yellow**
- **Green**
- **Blue**
- **Indigo**
- **Violet**
- **Silver**
- **Copper**
- **Gold**
- **Blue Violet**
- **Magenta**
- **Rip Amber**
- **Rip Turquoise**

*White*  *Rip. Lavender*  *Emerald*  *Rip. Aqua*  *Rainbow*  *Black*  *Rip. Sky Blue*
TouchStones For Teeth - Left Side

Point to the various teeth, etc. and use Your Pendulum to extract problems and then input Healing. Then check for TouchStones.
To TouchStones send with True Holy Love, Namaste and the Intent to Heal Good in a Good Way, the colours, vibrationary patterns, and harmonics as indicated a line drawn FROM the stone TO an arrowhead where needed, both found by Dowsing.

### TouchStones for Brain

<table>
<thead>
<tr>
<th>Color</th>
<th>Touchstone for Brain</th>
</tr>
</thead>
<tbody>
<tr>
<td>Red</td>
<td></td>
</tr>
<tr>
<td>Orange</td>
<td></td>
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<tr>
<td>Yellow</td>
<td></td>
</tr>
<tr>
<td>Green</td>
<td></td>
</tr>
<tr>
<td>Blue</td>
<td></td>
</tr>
<tr>
<td>Indigo</td>
<td></td>
</tr>
<tr>
<td>Violet</td>
<td></td>
</tr>
<tr>
<td>White</td>
<td></td>
</tr>
<tr>
<td>Rip.Lavender</td>
<td></td>
</tr>
<tr>
<td>Emerald</td>
<td></td>
</tr>
<tr>
<td>Rip. Aqua</td>
<td></td>
</tr>
<tr>
<td>Rainbow</td>
<td></td>
</tr>
<tr>
<td>Black</td>
<td></td>
</tr>
<tr>
<td>Rip Sky Blue</td>
<td></td>
</tr>
</tbody>
</table>

- **LEFT BRAIN**
  - Expression
  - Feeling
  - Body Movement
  - Decision Making
  - Speech
  - Hearing
  - Language Memory
  - Smell and Taste
  - Cerebellum
  - Spinal Cord

- **RIGHT BRAIN**
  - Perception
  - Inter-hemispheric Connection
  - Graphic Intuition
  - Imagination
  - Chalamus
  - Hypothalamus
  - Sleep-Wake Center
  - Medulla Oblongata

**Operator**

**Date**
TouchStones send with True Holy Love, Namaste and the Intent to Heal Good in a Good Way, the colours, vibrationary patterns, and harmonics as indicated a line drawn FROM the stone TO an arrowhead where needed, both found by Dowsing; in addition all are available as required for Healing by the Wisdom of the Being of the Healee. They may be pulsed, the frequency of pulses, duration and intensity to be as needed for perfect good health without any unwanted side effects or actions that are non-beneficial or cause harm or hurting. Then sealed and stabilized with Light Blush White and White Light & any other needed protection.

Check for tumours, cancer, growths, etc. bone breaks, marrow problems, leukemia.

TouchStones
For Body

Red
Orange
Yellow
Green
Blue
Indigo
Violet
White
Rip.Lavender
Emerald
Rip. Aqua
Rainbow
Black
Rip. Sky Blue
Name ........................................ Date of Birth ............ PostCode ............

Operator ............... Date ..............

TouchStones send with True Holy Love, Namaste and the Intent to Heal Good in a Good Way, the colours, vibrationary patterns, and harmonics as indicated a line drawn FROM the stone TO an arrowhead where needed, both found by Dowsing; in addition all are available as required for Healing by the Wisdom of the Being of the Healee. They may be pulsed, the frequency of pulses, duration and intensity to be as needed for perfect good health without any unwanted side effects or actions that are non-beneficial or cause harm or hurting. Then sealed and stabilized with Light Bluish White and White Light & any other needed protection.

**TouchStones - Spare**

Sketch any organ or body part needing extra Healing

- Red
- Orange
- Yellow
- Green
- Blue
- Indigo
- Violet
- White
- Rip.Lavender
- Emerald
- Rip. Aqua
- Rainbow
- Black
- Rip Sky Blue
Negative Emotions

Abandonment Issues
Abused Physically - Childhood
Abused Physically - as Adult
Abused Sexually - Childhood
Abused Sexually - as Adult
Abused Verbally - Childhood
Abused Verbally - as Adult
Aggressive
Allergies - Major
Allergies - Minor
Anger
Anxiety
Apathy
Avarice
Betrayal
Bullied
Bullying Others
Communication Skills Poor
Compassion Inability
Contempt
Controlling
Deceit
Depression
Disruptive Behaviour
Does not ‘Listen’

And Attitudes

Start

Dowse for the most important first and mark by number in order found.

Done

Abandoned Issues
Lack of Respect - Others
Lack of Respect - Animals
Lack of Respect - Plants
Lack of Respect - Environment
Laziness
Loneliness
Loss
Malicious
Negativity
Non-Appreciative
Obnoxiousness
Obsessions
Obsessive Compulsiveness
Persecution
Passiveness
Poverty
Power Hungry
Prejudice
Pride
Psychosis
Perfectionism
Recluse

Emotional Freedom Techniques

Specialist Help Needed for EFT

Refutes all Metaphysical
Resentment
Sadness
Selfishness
Self Pity
Shame
Sly
Spendthrift
Sorrow
Stubbornness
Tardy - No ‘feel for time’
Theft - Major Items
Theft - Minor Items
Unable to handle finance
Unhappiness
Unhygienic
Unreliable
‘Up in the Clouds’ Mind
Violence to Animals
Violence to Family
Violence to Others
Worry

Frustration
Gossip
Greed
Guilt
Habitual Liar
Hate
Hostility
Hypochondriac
Hysteria
Inferiority Complex
Jealousy

The vibrational patterns, essences, and energies of the following substances are to be sent by Radionic methods with True Holy Love, Namaste, to the exact parts of the bodies and auras needing them, at the optimum potencies, subject to safety programs and without causing any unwanted or non-beneficial side effects or any overdose:

**Check Meridians and Points** (see p.21) and enter ID (page number, heading, or meridian name) and point number below:

- . . . . . . . . . . . . . . . . . . . . . . . . . . . .
- . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . .
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- . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . .
- . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . .
- . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . .
- . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . .

**Essences, etc. For Selection**

When essences are selected, Dowse to see if they should be sent as Vibrational Patterns, and/or consumed as supplements or applied as lotions - if so, advise Healee to seek advice from a Herbalist, etc. for items.

- Send as Vibrational Pattern
- Consume & Pattern
- Consume
- Lotion & Pattern
- Lotion
- Done
- Done
The Chakra Spiral - with Safety Program

Taken from Christopher Hills' books 'Energy, Matter, and Form' and 'SuperSensonics'
This is one of the most powerful symbols for both transmission and receiving.
It may be an excellent transmitter to use in a 'Paper Radionics' machine.
Place the descriptions of Healing to be sent on top of the spiral, then details of the Healee.

All Healing is sent to the exact parts of the Being needing it with True Holy Love, Namaste and the Intent to Heal Good in a Good Way as required for Healing by the Wisdom of the Being, the Wisdom of the Body, and the Heart of the Healee, working with the co-operation of the 'Light of Light Angels', the 'Love Namaste Healing Team', and 'The System'. Ego is excluded.

The Healing sent may be pulsed, the frequency of pulses, duration and intensity to be as needed for perfect good health without any unwanted side effects or actions that are non-beneficial or cause harm or hurting. The Healing is then sealed and stabilized with Light Bluish White and White Light & any other needed protection to prevent any recurrence of the existing problems or any that are similar. In all cases the 'Blue Print of Genetic, etc. Healing' is included in every Radionics Broadcast.
2 \times 5 \times 5 = 50 \text{ Selections}
The Holistic Intuition Society’s ‘Shop’

Lakhovsky Coils

In the 1925 Georges Lakhovsky in France developed a coil for the protection of trees; copper wire was stuck into the ground, turns were made around the tree, and the loose end was pointed towards the sky as an aerial. In 1928 he formed a variation of this that was geared to improve the health of humans, which he called the ‘multi-wave oscillator’, based on his then new theory that cells are microscopic oscillating circuits.

This was successfully used in French, Italian, and Swedish clinics, and when Lakhovsky escaped to the USA in 1941 it proved successful in a major New York hospital. Among problems successfully treated were cancerous growths from Radium burns, goiter, arthritis, chronic bronchitis, congenital hip dislocation, and many others. (Tompkins & Bird: ‘Secret Life of Plants’).

‘Love Living’ Bracelets and Healing Rings

John Living made a number of different rings, testing the effect on glasses of water showed that the water had a radiance of about 5KÅ (5,000 Angstroms - the human body for a normal person is about 6.5 KÅ which in 2 minutes increased to 20KÅ for the medium sized rings and 60 KÅ for the smallest ring - the effect is more concentrated.

They are sturdy, attractive, and within the reach of most purses. So which ring type is best? This depends on the use!

The bracelets and smaller rings #1, #2, and #3 are of twisted copper wire, having a small gap; a vinyl tube prevents the copper from being in direct contact with your skin.

They increase the radiance of your blood so that diseases are repelled, and give the vibrational pattern of copper, like the way a homeopathic remedy works.

This waterproof casing design permits easy cleaning, prevents corrosion, and allows opening. The combination of vinyl with copper blends into the skin colour, so that the bracelet is less noticeable. A hardy bracelet, suitable for constant wear, even ideal for a man in the office or working outside.

You can expect all the water in your body (over 75% of you!) to become potentized with a high radiance. Germs and viruses do not thrive in such an environment, so your LOVE LIVING Bracelets helps to keep you healthy!

A number of successes are reported with the relief of headaches by placing a #2 Energy ring around the neck - if below a shirt or sweater, it is not noticeable.

It may be that some people who have other head problems, perhaps including Alzheimer’s and Parkinson’s diseases, benefit from wearing a neck ring. The cost of a trial is minimal, the possible benefits considerable, and there is no health risk involved

‘L’ Rods

These are made from welding rods, with a wooden handle having a plastic insert for low friction movement and a metal end cap.

The rod arm has a metal end cap to enhance your Dowsing response and prevent damage to people.
**Bendable Bobber (and Retractable Bobber)**

This tool has pewter weights fitted to the end of a specially wound spiral spring ‘wand’ inserted into a ball-point pen case. It gives great sensitivity, and bends to fit in your pocket. The Retractable Bobber slides back into the casing.

**Glass Bead Pendulums**

The glass beads have been hand made by craftsmen, and come in various colours and configurations; they are held by a braided nylon string, the string colour being suitable for the bead.

**The Ptah Pendulum**

John Living found that the Osiris Pendulum has a special ability to locate ‘not good’ energies in a person’s aura, and when used in ‘extraction mode’ (an anti-clockwise circle) it removed such energies.

But there was a problem - they tended to go into the hand of the Healer/Dowser who was using the Pendulum!

To overcome this, John attached his Osiris Pendulum to the ‘extract’ end of one of the Healing Coils developed by Slim Spurling.

This converted the energies that were removed into being ‘good’ energies - and thus prevented deleterious effects from being experienced by the Healer/Dowser, giving instead a beneficial effect.

The next step was to attach one of Slim’s Coils to a cord, so as to make a Pendulum. This was even more powerful in extracting ‘not good’ energies and converting them to being ‘good’, but did not have the ability of the Osiris Pendulum in locating problems in auras.

An effort was made to get the Osiris Pendulum, designed on geometric theory, to teach the ‘Slim’s Coil’ Pendulum its skill in locating problems in auras - and this was successful!

The Isis Pendulum has the gift of putting ‘good’ energies into the recipient in a similar way, so a cord was attached to the output end of one of Slim’s Coils to make a Pendulum that put ‘good’ energy into a person - and again this was a success!

Then the thought was received “Why not combine them into a dual purpose Pendulum?” - and so the ‘Ptah Pendulum’ was developed.

John Living has tested this on himself and on a number of other people who needed Healing - with excellent results.

He has used it to locate and Heal ‘not good’ energies in the land, such as curses and other ‘bad medicine’, and understands that it is one of the most powerful Healing devices that exists.

When working with the Healing Angels and other Healing Energies John uses the ‘Ptah Pendulum’ to clear energies that are causing problems as a preliminary step to reduce the work needed to be done by the Healing Energies / Angels.

All the ‘Ptah Pendulums’ are blessed with the abilities of the Osiris and Isis Pendulums, and have been made with True Holy Love.

**Signals**

In all work with the ‘Ptah Pendulum’ a clockwise circle indicates YES and is the ‘Input Mode’. An anti-clockwise circle indicates NO and is the ‘Extract Mode’.
When asking a question it does not matter which end of the Pendulum is held. The ‘Ptah Pendulum’ will extract or input, and then swing towards the next position that it needs to go - the direction could be one of two ways, since it is swinging, and your intuition will guide you to the correct place.

If you go in the wrong direction, the ‘Ptah Pendulum’ will not circle (or make a very small signal) - so reverse the direction that you are moving the Pendulum. When in the correct place it will circle to do the needed work.

**Holding your ‘Ptah Pendulum’**

In extract mode, the hand holds the shorter of the two coils. For input mode, the longer coil is held. To avoid bending the coil that is held, hold it at its bottom - the strain is not transmitted to the part of the coil above your hand.

Start at the head of the person or centre of the token, and make an anti-clockwise circle (extract mode, shorter coil in hand) around this point, widening in a spiral to enclose most of the Healee; then hold the ‘Ptah Pendulum’ stationary at the start point - it will start to circle on its own accord to extract ‘not good’ energies.

When the circling finishes, the ‘Ptah Pendulum’ will swing, pointing to the next location of ‘not good’ energies - move it slowly in the direction indicated until it starts to swing again. This is repeated until it remains stationary.

Now change to input mode - the longer coil is held in hand, making clockwise circles - again on its own accord - and this procedure is repeated.

Logically this should remove all ‘not good’ energies, and replace them all with ‘good’ energies. But the metaphysical world is not logical!

Perhaps what happens is that some ‘not good’ energies resist the extraction, but are weakened by the input of True Holy Love, so that by repeating this whole procedure again more ‘not good’ energies will be extracted.

To make certain that all has been cleared, keep on repeating the extraction mode and then input mode until no circling occurs. And as a final check, start again at the start point and make a spiral, then go to the start point and sees if any swinging or circling occurs.

If so, then repeat the whole procedure again - and keep on until there is not any swinging or circling.

Note that this is not just to Heal people - for ‘person’ you can substitute ‘animal’, ‘bird’, etc.

**The Tiny Ptah Pendulum Set**

We have designed a tiny version of the Ptah Pendulum especially for use with the Healing Charts enclosed with this Distant Healing Manual.

The only difference in using it is that you hold the Tiny Ptah Pendulum by the loop at the end of the coils, where the cord is fixed.

This Tiny Ptah Pendulum Set is supplied in a brushed aluminium container for safe keeping, and includes a glass bead Pendulum and a Message/Logarithmic Chart.
DVDs of Speakers and Workshops

We have recorded the lectures and workshops on Dowsing and on Healing at the conventions promoted by the Society, and have these available on DVDs that are playable world-wide. See: [www.in2it.ca/videos.htm](http://www.in2it.ca/videos.htm)

The workshops were given by recognized masters of Dowsing to teach their skills - including the ability of Dowsers to use their 'Power of Thought' for healing the energies of humans, animals, and plants.

Books published by the Society

See: [www.in2it.ca/Books.htm](http://www.in2it.ca/Books.htm) for books concerning Dowsing (a link to our Intuition) and Healing (using our Intuition to work with the Angelic Beings and Healing Energies of Creation).

More Information

The Holistic Intuition Society sells more Dowsing and Healing tools - these are shown on our website at: [www.in2it.ca/tools.htm](http://www.in2it.ca/tools.htm) together with prices and ordering information.

Our key intent is to provide simple tools that can be easily used, at reasonable cost, and that do their job effectively and safely without any side effects.

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**The Holistic Intuition Society**

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Email: John@Dowsers.ca

Check our web page - www.in2it.ca - for any changes of contact information.

Unfortunately we cannot process credit cards - except by PayPal
PayPal is set-up on our web site
A cheque or money order in Canadian or US funds is acceptable.

**Thank you !**
To download the latest version go to:
The Instructional DVD is now ready - 1¾ hours - $15 plus postage
http://www.in2it.ca/HealManual.htm

Changes made since the 2008DEC25 edition:
2009FEB03: p79. Spine see p81
   p80. Spine: see p.81
   p66. Inner Child Work - fields and note added - Specialist referrals needed. We found that a disturbed Inner Child may give ‘Psychic Interference’.
   p86. Revised instruction: sketch organ / body part needing extra Healing.
   p87. Need for Emotional Freedom Techniques added - Specialist referral?
      If EFT needed advise the Healee to download the free manual by Gary Craig from http://www.emofree.com

Remember!
Distant Healing works with the energies - not directly in the physical; time is needed before the Healing manifests in the Healee’s physical body.

Meridians: Paralysis, loss of control/feeling
As mentioned in ‘Intuition Technology’ under ‘Vivaxis’, it was found that damage to a left hand (between thumb and finger) caused Paralysis, loss of control/feeling to the right knee/leg; this was cured using energetic techniques. This may be due to the meridians not terminating where they ‘end’ at point on the skin, but continuing in the aura to join with another point at a different place on the skin. So if the Healee suffers from such a problem, check all the places where meridians end for damage, and apply Healing if so indicated.

2009MAY25: p.46 - 55 Revised list of essences, homeopathic remedies, etc Pacific Essences (incl. sea essences) added - indicated by * since these are excellently described by cause and effect - providing good hints for actions needed as given in Sabina Pettitt’s book ‘Energy Medicine’.
See web page www.pacificessences.com for details

‘Allergy Clearing’ 10 page addendum added - can be used as a separate tool
FREE download: http://www.in2it.ca/Allergies.pdf
The Instructional DVD is now ready - 1½ hours - $15 plus postage
http://www.in2it.ca/HealManual.htm

Comments on the Instructional DVD

Master Record Pages 1 & 3 (p.64 & p.66)
A discrepancy was found between the number of life forms causing problems and those identified. Later work discovered that these were not external life forms, but aspects of the ‘Inner Child’ that were causing objectionable messages to be heard in the mind, and influencing behaviour in unwelcoming ways. This may account for a great deal of the problems in life that are inflicted on people - in family and social environments and the workplace.

Accordingly a list has been added to p.66 which included aspects of the ‘Inner Child’. Healing for the ‘Inner Child’ may be very difficult to accomplish at a distance - especially by other people, such as a Healer.

An awareness by the Healee of the ‘Inner Child’ may enable them to communicate - clairvoyantly, clairaudiently, or by Dowsing using a Message Chart. However such methods may not be usable by many Healees (and guidance is needed for the techniques to be used) - so a qualified specialist should be approached, preferably one who works with groups.

An outstanding book on this subject is ‘Home Coming’ by John Bradshaw - who did a TV series on PBS on ‘Inner Child’ work. ‘Home Coming’ was published by Bantam Books in 1990 - ISBN 0-553-05793-6. Try Ebay to find a copy - or your local library; other good books may also be available.

The use of Emotional Freedom Techniques may also assist in such work.

TouchStones for Hi & Aumakua (p.68)
Colours should be offered to the High Aumakua - this was missed when making the DVD.

Energy System - Vitality (p.71)
Colours should be offered to the top Chakra in the Pranic Triangle - this was missed when making the DVD. This may account for the improvement reaching only 90% instead of 100%.

If you miss something during your Healing session, you can always go back and complete the needed action.

TouchStones - Spare (p.86)
The Healee had complained of ‘spikes to the liver’ - so it would have been appropriate to draw a sketch of her liver, locate the problems, and do Healing and offer colours to overcome them.

Feedback and Post-Healing Checks
The feedback from Healees is very important, as is the corresponding checks made by the Healer. These are not covered in this DVD - the needed times had not elapsed, and these are mainly repeats of actions covered in the DVD.

Getting feedback and recording results give the Healer confidence in the work done - and can highlight where improved techniques are required.