

DISTANT HEALING MANUAL

COMPILED BY JOHN LIVING

ALLERGIES

**Your comprehensive guide to
using your Pendulum to Heal
in co-operation with the Healing Energies
and Angelic Beings of Other Dimensions,
where Time & Distance are not important.**



Published by the Holistic Intuition Society

Our logo is the sign of the Heart Chakra:
Interlaced Pink and Green triangles signifying the joining of
Above & Below, Heaven & Earth, Spirit & Soul, Mind & Matter.

It is a Symbol of Love

ISBN 978-0-9686-3238-3

Addendum on Allergies

Distant Healing Manual - Addendum on Allergies

PURPOSE

The intent of this addendum is to provide a simple and effective way to:

- Identify the causes of a person's allergies
- Remove these causes so as enable freedom from allergy attacks

Both these being accomplished by access to one's Intuitive ability by Dowsing.

This addendum can be used separately from the Distant Healing Manual, since the procedures differ from most of those used in the manual, and since a Healee may not ask for a full treatment.

WHAT IS AN ALLERGY ?

An allergy is an exaggerated immune response or reaction to substances that are generally not harmful. The immune response is how your body recognizes and defends itself against bacteria, viruses, and substances that appear foreign and harmful to the body.

The immune system protects the body from potentially harmful substances by recognizing and responding to antigens. Antigens are molecules (usually proteins) on the surface of cells, viruses, fungi, or bacteria. Non-living substances such as toxins, chemicals, drugs, and foreign particles (such as a splinter) can be antigens.

The immune system recognizes and destroys substances that contain these antigens.

An allergy is caused by an oversensitive immune system, which leads to a misdirected immune response.

The immune system, when it recognizes an allergen, releases chemicals, such as histamines. These cause itching, swelling, mucus production, muscle spasms, hives, rashes, and other symptoms, which vary from person to person.

What part of the body is contacted by the allergen plays a role in the symptoms that are developed. For example, allergens that are breathed in often cause a stuffy nose, itchy nose and throat, mucus production, cough, or wheezing. A food allergen can cause nausea, vomiting, abdominal pain, cramping, diarrhea, or a severe, life-threatening reaction. Allergies to plants often cause a skin rash. Drug allergies usually involve the whole body and can lead to a variety of symptoms.

HOW ARE ALLERGIES CONTROLLED ?

The immune system of a person seems to be individualized, although some genetic and miasmatic influences may occur. Whereas in the Distant Healing Manual we are working primarily with Angelic Beings and Healing Energies in most cases, for the immune system co-operation is need with the sub-conscious operators of the individual.

It seems the best way is to work with the 'Wisdom of the Being' of the person, and always do so by working through your own Heart (which by-passes ego) as described in the Distant Healing Manual and in the book 'Intuition Technology'. However the help of the Angelic Beings and Healing Energies is best requested in case that they are needed.

OPENING PROCEDURE

It is suggested that in all cases you open 'in True Holy Love, Namaste, and that love of Healing Good in a Good Way' and ask the help of the Angelic Beings and Healing Energies in the 'Love Namaste Healing Team'.

Especially when doing any Distant Healing work you must ensure that you have the correct identity of the Healee - a good way is outlined in the Distant Healing Manual. In all cases be sure to obtain the permission of the Healee - and the approval of 'Upstairs'. If these are not give, do not proceed.

IDENTIFICATION OF CAUSES

All work with allergies start with identification of the causes; note that this is plural, since although a Healee may present a particular problem, others may be related to it (same family, for example) or even be dormant - perhaps the Healee has not had recent exposure to particular cause, although the immune system has been 'primed for action'.

To do such identification, go through each page in this addendum which lists possible causes, and list them for the Healee. If you know of more allergens, you can add them to your own list - and please let us know so that they can be added to this addendum for use by everybody.

This identification is done by placing your Pendulum in the central box, and following the leads given by directional swings until the cause is indicated.

When no further causes are listed on the page, your Pendulum will swing to DONE - so proceed to the next page. When completed, go to the 'Severity Chart' on page 8 and note the severity for each allergen.

It is best to do all identification before starting the Healing; if each one is Healed when found, Healing a minor allergy may include the Healing of more severe ones in the same family, so they are not then identified, having been Healed - and these may be the allergens that are causing the problems !

THE ACTUAL HEALING

For each cause that is identified, ask your Heart to work with the 'Wisdom of the Being' of [name of the Healee] and 'The System' to correct the programming of the immune system so as to eliminate the unwanted reactions to the identified cause.

Use your spare hand as the procedural indicator - as described in the books on Dowsing that are published by the Holistic Intuition Society. Simple - but it works !

ON COMPLETION

One of the most important (and often forgotten) tasks is to send your 'Love, Thanks, and Gratitude to all who helped in this Healing'.

So many of us take this for granted - when you give your thanks all those involved feel good, and will be keen to offer their assistance when next requested !

REPORT TO HEALEE

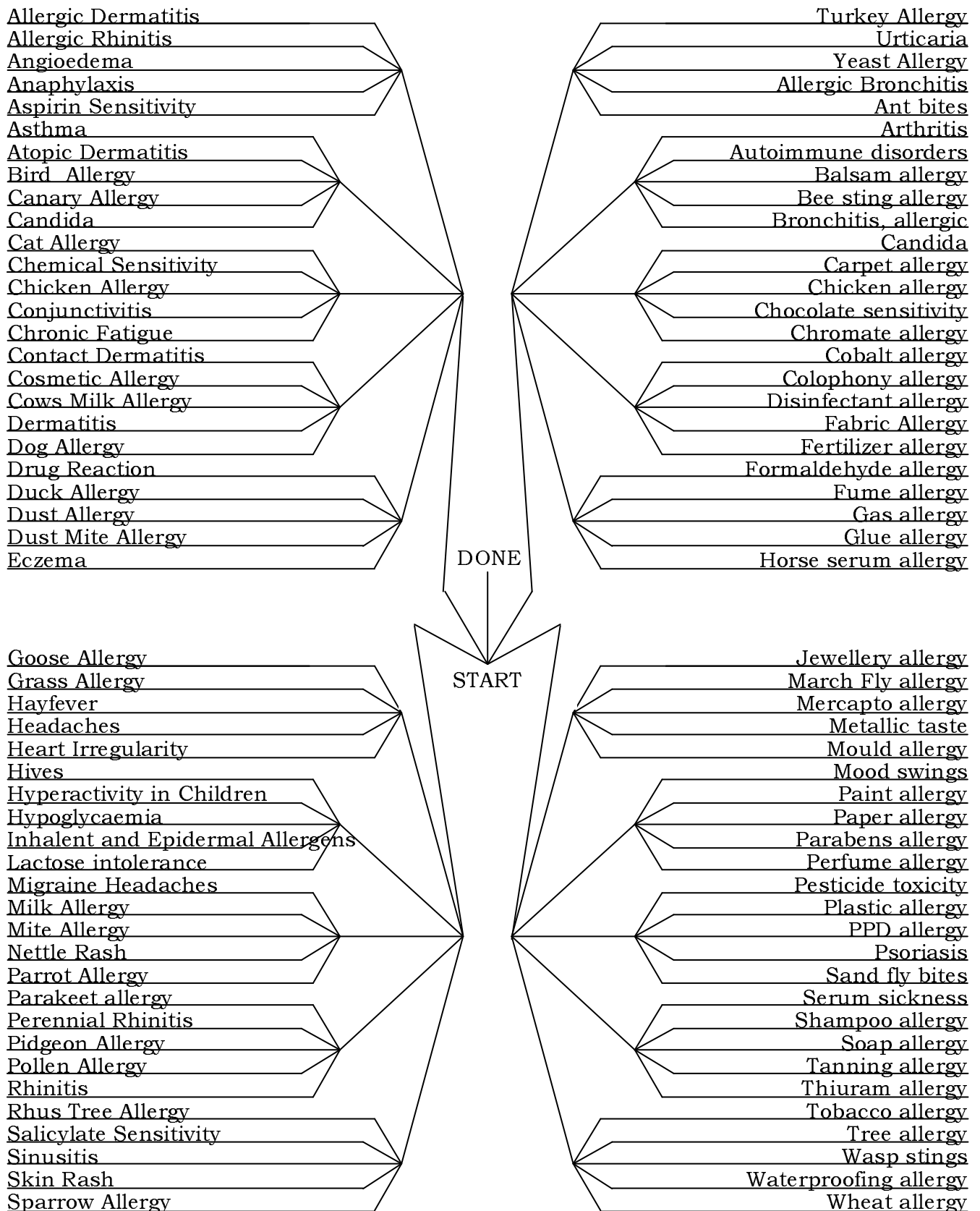
Pages have been included for use with people asking for Allergy Clearing and for sample reports. These are just suggestions, so amend these for your own use.

DISTANT HEALING MANUAL

The 'Distant Healing Manual' is a free download - just go to the website of the Holistic Intuition Society - <http://www.in2it.ca> - and follow the link at the lower part of the very first page. It is about 100 pages, in .pdf format, and you will need a colour printer to make a good hard copy for your use.

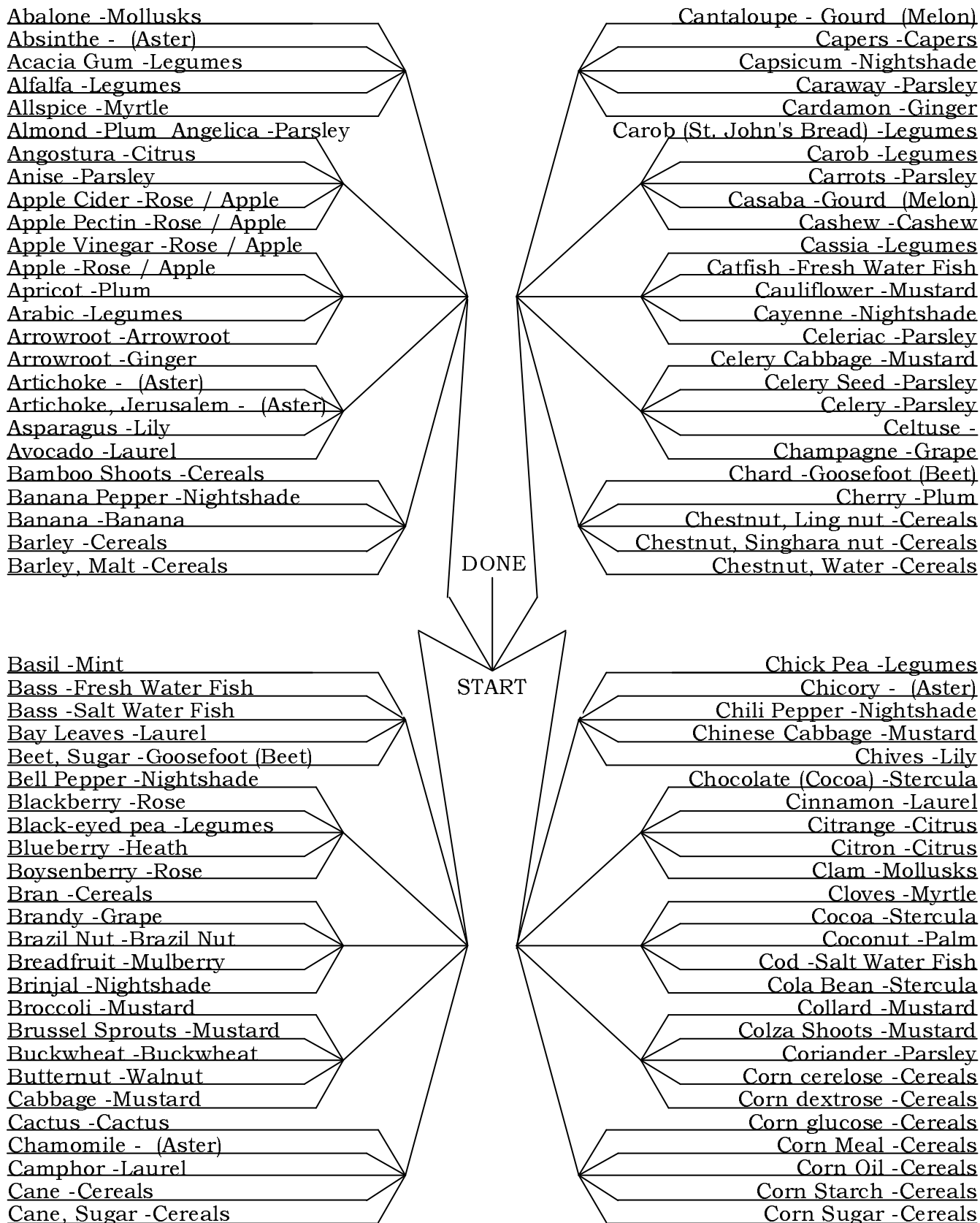
Please send your comments (and suggestions for improvement) to John Living whose email address is John@dowsers.ca. You can also call John (free of charge Canada & USA) at 1-866-369-7464

OVERALL TYPES OF NON-FOOD ALLERGIES



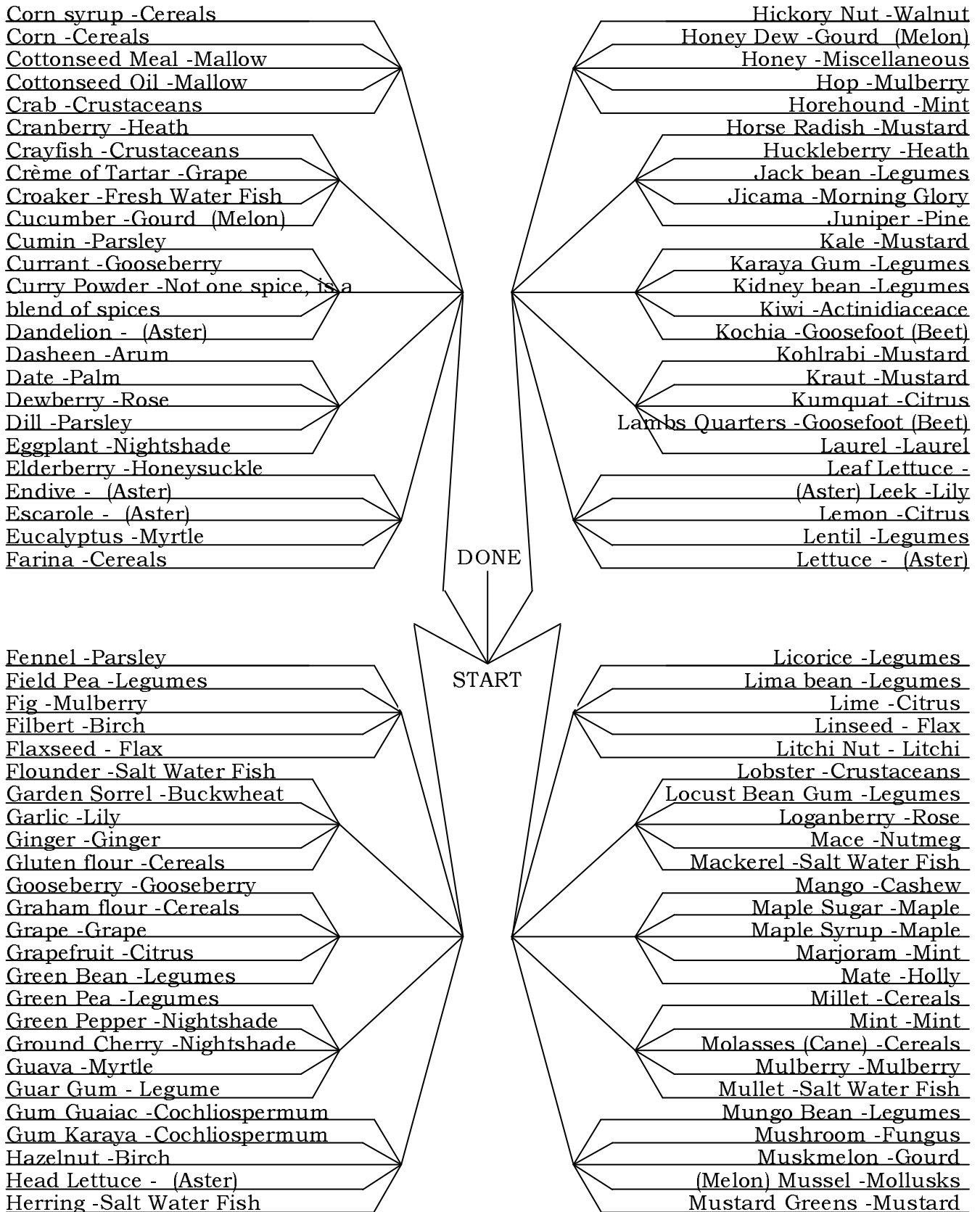
DETAILED FOOD ALLERGIES #1

Name of food is followed by the plant families of the food.



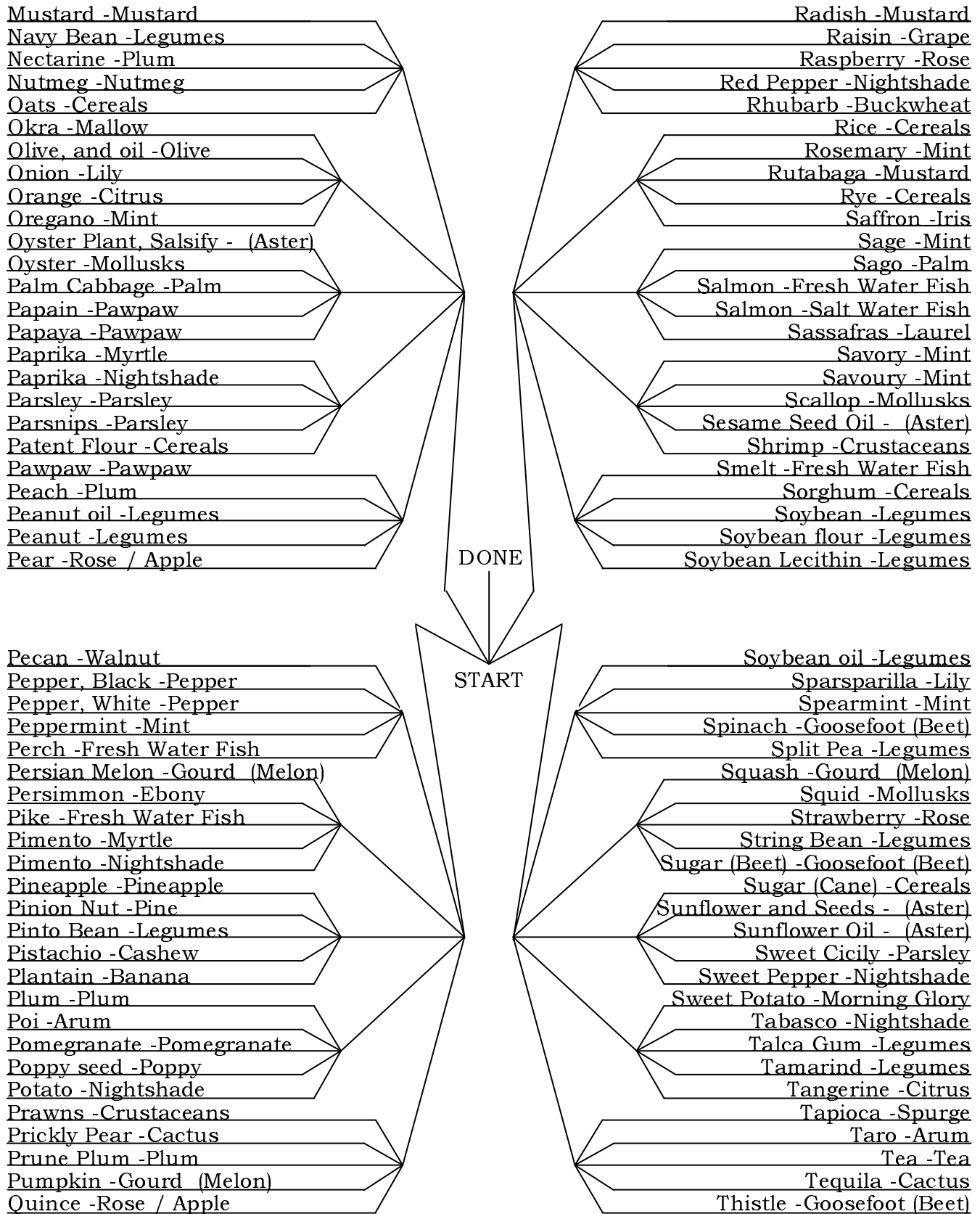
DETAILED FOOD ALLERGIES #2

Name of food is followed by the plant families of the food.



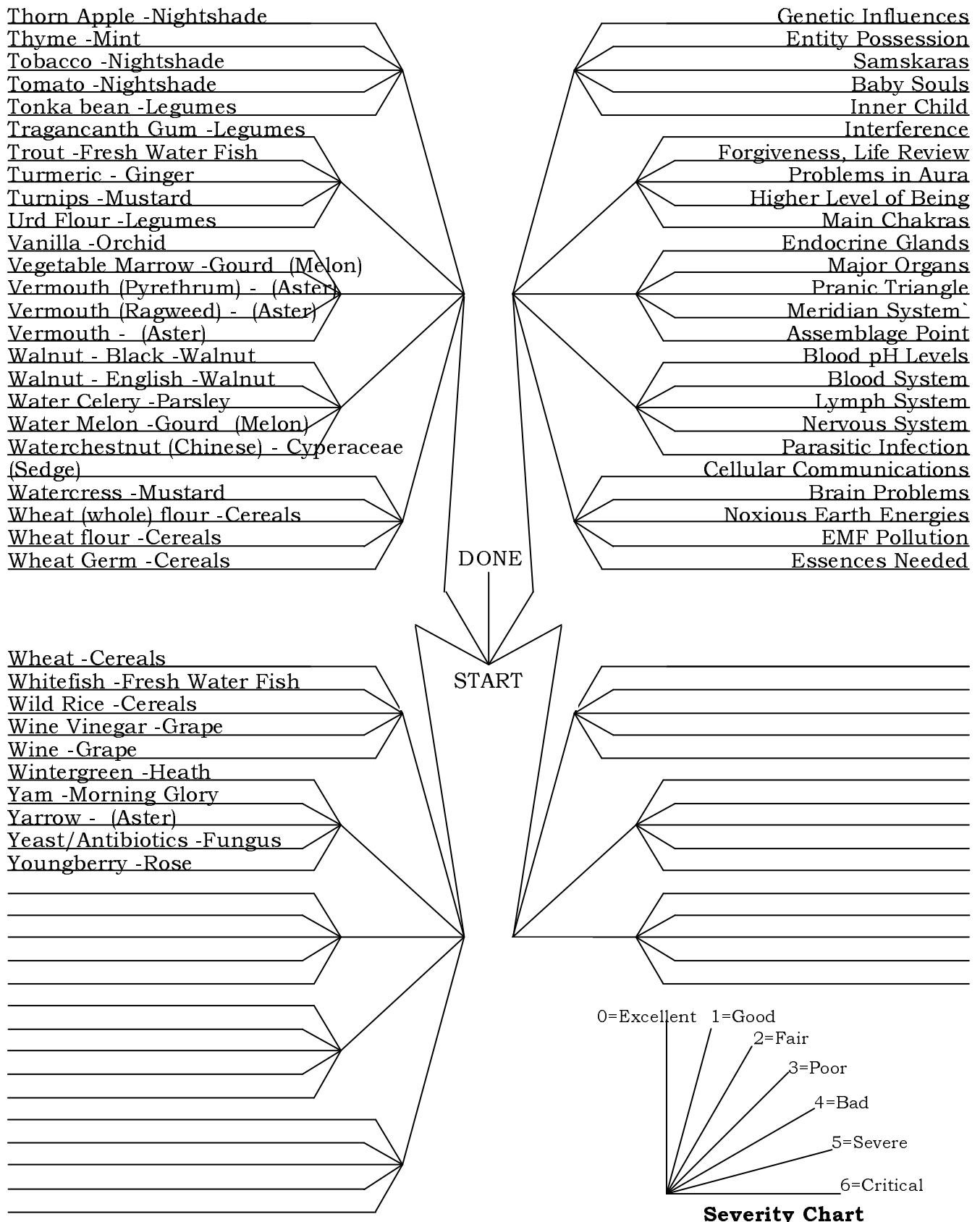
DETAILED FOOD ALLERGIES #3

Name of food is followed by the plant families of the food.



DETAILED FOOD ALLERGIES #4 & OTHER

'Other' includes causes covered in more detail in the Distant Healing Manual



Application for Allergy Clearing

Current Name

Current Address

Email Address

Telephones

Place of Birth

Date of Birth

Details of allergies suspected
.

I, as described above, do hereby certify that:

- All the above data is correct.
- I accept that the Distant Allergy Clearing is based on work with non-physical energies and does not include or imply any medical treatment, but may improve my health.
- I do hold the Holistic Intuition Society, the Healers, and the Healing Intuitives Group blameless in all respects and at all times for any and all unwelcome changes in my health.
- Payment by me for this Allergy Clearing by Paypal is equivalent in all aspects to my legal signature in regard to this Allergy Clearing (or else sign this form and mail it).

The above form with completed data should be copied into an email and sent to **Sales@in2it.ca** Your payment of US\$25 should be sent by Paypal to **Sales@in2it.ca** with a note '**Distant Allergy Clearing for [your name]**'.

Alternatively a cheque with the completed and signed form can be sent to: The Holistic Intuition Society, c/o John Living, RR#1 S9 C6, Galiano Island, BC V0N 1P0, Canada.

This payment is not for any healing, but as recompense for time spent and administrative costs and overheads - the Healing work with the Energies, etc., is free. Should this application for Distant Allergy Clearing be refused for any reason then the full payment will be returned to you - the right to such refusal is reserved to the Holistic Intuition Society without any need to give any reason for such refusal.

The Holistic Intuition Society will assign your request to an experienced and accomplished Healer/Dowser for action. The Holistic Intuition Society and the Healer/Dowser involved cannot guarantee that any such Distant Allergy Clearing is successful, but will apply their best efforts with integrity and good intent. All data will be kept completely confidential.

On completion of the Distant Allergy Clearing the Holistic Intuition Society will send you an email which reports on the causes of allergies found, and whether they are indicated as being cleared or further Healing is needed - such as when what is thought to be an allergenic reaction has a different cause.

